

## SoCon Championship results....

Written by Kelsey Campbell  
Monday, 28 April 2014 09:29

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The Appalachian State University men's track and field placed third at the Southern Conference Outdoor Championships on Sunday afternoon.

Jackson Powers finished the competition in fifth-place in the decathalon for the Mountaineers, posting five points for the team.

The Appalachian 4x100 relay team of Antonio Marcano Jr., William Buckley, Clay Allen and Marshall McRae took the SoCon title, placing first with a time of 40.62. McRae, Joshua Hanna, Raphael Rojas and David Riddleberger then led the team in the 4x400 relay, finishing second with a time of 3:15.19.

McRae and Buckley went third and fourth in the 100m dash, posting times of 10.57 and 10.60, respectively, each finding new personal bests. Buckley followed that performance up with a second-place finish in the 200m dash, recording a new personal best time of 21.64.

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Rojas notched a third-place finish in the 400m run, adding six points to the team score with a time of 47.96. The time was a new personal record. Kenley Joseph found five points for the Mountaineers when he placed fourth in the 110m hurdles with a time of 15.42, a new a personal record.

The Mountaineers were led by Kyle McFoy in the 5,000m run as he placed third with a mark of 15:00.41, gaining six team points.

The throwers gained 23 team points on Sunday as Nathan Milch led the way, taking the shot put title with a throw of 51-10.50, a new personal best. He then placed third in the discus, throwing a distance of 150-7.00, also a personal best.

Appalachian ended the conference meet with two jumpers with titles as Samuel Allen took first-place in the high jump, clearing a height of 6-8.00 and Jamal Tiller took first in the triple jump with a mark of 49-5.00.

Milch, Allen and Tiller were the only Mountaineers to win league titles, helping the Mountaineers to a third-place finish with 165.5 points. Samford won the conference championship with 207 points, followed by Western Carolina in second-place with 204 points.

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The App State women finished fourth-place.

The 4x100 relay team of Krystal Clarke, Catherine Crawford, Taryn Stern and Breanna Alston placed second with a time of 46.56, earning eight points for the Mountaineers. The 4x400 relay team, consisting of the same runners, then posted a second-place finish, finishing with a time of 3:43.69. The 4x400 relay time is a new Appalachian record.

Alston had a successful day for the Apps as she finished second in the 400m run with a time of 54.00. The time broke all Appalachian records, ranking her first in school history. Alston followed that performance up with a fourth-place finish in the 200m dash, posting a time of 24.36.

Tristin Van Ord scored seven points for the Mountaineers on the second day of competition, placing fourth in the 1,500m run with a time of 4:32.10, the sixth best time in App history. Van Ord then finished sixth in the 5,000m run with a time of 17:35.95.

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Mary Theresa Montgomery and Makayla Roten led the team in the high jump, each clearing a height of 5-7.00 with Montgomery placing fourth and Roten placing sixth.

Brianna Tate notched a SoCon title in the shot put on Sunday, throwing a distance of 47-11.25. The throw was a personal best and places her fifth on the Appalachian all-time record list. Jasmine Suydam led the throwers in the discus, notching a third-place finish in the discus with a mark of 146-1.00 for a new personal record and the sixth-best mark in App State history.

Tate and Jocelyn Parnell were the only Mountaineer to win titles, helping the team to a fourth-place finish with 126 points. Samford took the conference championship with 166.5 points, followed by Western Carolina in second-place (155 points) and Elon in third-place (131 points).

### **Men's Individual Awards**

#### **Most Outstanding Athlete**

Steven Bastien, Samford

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### **Most Outstanding Track Performer**

Brandon Hazouri, Samford

### **Most Outstanding Field Performer**

Sidney Jordan, Samford

### **Freshman of the Year**

**Nathan Milch, Appalachian State**

### **Coach of the Year**

Rod Tiffin, Samford

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### **Women's Individual Awards**

#### **Most Outstanding Athlete**

Jasmin Walker, Georgia Southern

#### **Most Outstanding Track Performer**

Jasmin Walker, Georgia Southern

#### **Most Outstanding Field Performer**

Emily Allen, Samford

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### **Freshman of the Year**

Teghan Henderson, Chattanooga

### **Coach of the Year**

Rod Tiffin, Samford

### **Men's All-Freshman Team**

#### **Decathlon**

#### **Jackson Powers, Appalachian State**

Andrew Patterson, Samford

Tim Buzyan, Western Carolina

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### **1,500 meters**

Brock Baker, Furman

Nate Riech, Furman

Trevor Janssen, Chattanooga

### **400 meters**

Adrian Ortado, Western Carolina

### **100 meters**

**William Buckley, Appalachian State**



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Antonio Marcano, Jr., Appalachian State

### **110 Hurdles**

Eric Blake, Western Carolina

**Phillip Thomas, Appalachian State**

### **400 Hurdles**

Jay Vines, Samford

### **200 meters**

**William Buckley, Appalachian State**

Adrian Ortado, Western Carolina

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### **5,000 meters**

Brock Baker, Furman

Tanner Hinkle, Furman

Paul Stuart, Chattanooga

### **Discus Throw**

Brian Smith, Samford

**Nathan Milch, Appalachian State**

Richard Bertrand, The Citadel

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### **Shot Put**

**Nathan Milch, Appalachian State**

Brian Smith, Samford

### **High Jump**

**Samuel Allen, Appalachian State**

Mick Noel, The Citadel

Jackson Nosbisch, The Citadel

### **Triple Jump**

Josh McSwain, Western Carolina

Chris Powell, Davidson

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Jerry Bryant, Western Carolina

### **Women's All-Freshman Team**

#### **1,500 meters**

Ansley Bos, Samford

Kimberly Johansen, Elon

Jessica York, Chattanooga

#### **400 meters**

Asha Stegall, Georgia Southern

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### **100 Hurdles**

LeNeisha Kearse, Western Carolina

### **800 meters**

Hannah Rieden, Davidson

### **400 Hurdles**

Jennifer Esposito, Elon

Latasha Price, Western Carolina

LeNiesha Kearse, Western Carolina

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### **200 meters**

**Catherine Crawford, Appalachian State**

### **5,000 meters**

Teghan Henderson, Chattanooga

**Tristin Van Ord, Appalachian State**

Elyse Bierut, Elon

### **Discus Throw**

Breanna Warren, Elon

Aerial Horton, Samford

Taylor Hall, Wofford

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### **Shot Put**

Aerial Horton, Samford

Breanna Warren, Elon

**India McWhorter, Appalachian State**

### **High Jump**

Anisia Starege, Western Carolina

**Makayla Roten, Appalachian State**

**Audrey Florence, Appalachian State**

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### Triple Jump

Carrie Abraham, Elon

Jayna Coyle, Elon

Tiffani Lewis, Western Carolina

### Men's Final Results

1. Samford 207

2. Western Carolina 204

**3. Appalachian State 165.5**

4. The Citadel 91



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5. Furman 55

6. Chattanooga 52

7. Davidson 31.5

T- 8. UNCG 5

T-8. Wofford 5

## Women's Final Results

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1. Samford 166.5
2. Western Carolina 155
3. Elon 131
- 4. Appalachian State 126**
5. Georgia Southern 117.5
6. Davidson 28
7. Chattanooga 26
8. The Citadel 23
9. UNCG 20
10. Wofford 15
11. Furman 10

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