

Fall Camp Report: Tuesday, Aug. 5

Written by Mike Flynn

Wednesday, 06 August 2014 09:53

Appalachian State University football hit another milestone in preparations for its Aug. 30 opener at Michigan when it practiced in full pads for the first time this season on Tuesday afternoon at Kidd Brewer Stadium.

Appalachian State worked out for two hours on another gorgeous day in the High Country. Despite donning full pads for the first time this season, the Mountaineers' primary focus for much of the afternoon was on technique rather than live hitting.

However, the day did close with live 11-on-11 drills for two of the practice's final three periods. The 11-on-11 work featured third-down situations and included highlights for both the offense and defense.

The defensive play of the day came late in the afternoon when redshirt freshman linebacker George Vinson (Damascus, Md./Damascus) helped string out a running play to the right side, forced a fumble on a hit near the sideline then fell on the loose ball for the defense's second fumble recovery of the 11-on-11 periods.

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On the other side of the ball, the highlight came when diminutive junior running back Ricky Ferguson (Fuquay-Varina, N.C./Fuquay-Varina) took a handoff, followed strong blocking on the right side of the offensive line and plowed through a handful of tacklers at the end of the run for a hard-fought first down.

Appalachian State is scheduled to hold its first intrasquad scrimmage of fall camp on Wednesday. Wednesday's practice is closed to the public but a full scrimmage recap will be available at appstatesports.com. Practice opens back up to the public on Thursday when the Mountaineers hold two open sessions at Kidd Brewer Stadium at 9:15 a.m. and 3:30 p.m.

Photo Courtesy: Ricky Ferguson, App State Athletics