

ASU Women Have Successful Showing in Boone

Appalachian State University women's track and field had a strong showing on Saturday when they hosted the Appalachian Pre-Conference meet in the Holmes Center.

The throwers kicked the day off with four top-five finishes in the weight throw, as Brianna Tate led the way, posting a first-place finish with a throw of 58-1.00. Jocelyn Parnell, Gayshawna Watkins and Ana DeLeon followed in second, third and fourth-place, respectively.

Tate swept her events when she placed first in the shot put later on, throwing a distance of 46-5.50.

App State Sports Roundup....

Written by Staff Reports

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Makayla Roten had another record-breaking day, setting a new personal best in the high jump with a jump of 5-9.25. The height was a new Holmes Center and Appalachian Holmes Center record, previously held by Roten, herself.

Cassie Crawford took first in the pole vault, clearing a height of 12-6.25, while Audrey Diener, Chelsea Farr and Debra Domermuth each took third with a height of 11-10.50.

Krystal Clarke notched a first-place finish in the 55m dash for the Mountaineers, posting a time of 7.34. Clarke also finished first in the 200m run with a time of 25.64. Both times were personal records for Clarke.

Kayla Schneider finished first in the mile run with a time of 5:06.39, good enough for a new Appalachian Holmes Center record, previously held by Katie Sujkowski in 2003.

The Apps finished first as a team with 166 points, followed by Gardner Webb with 80 points.

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The Mountaineers will return to action on March 1-2 when they compete in the SoCon Indoor Championships in Winston-Salem, N.C.

Men's Track Finishes First at Pre-Conference Meet

Appalachian State University men's track and field finished first in the Appalachian Pre-Conference Meet on Saturday in the Holmes Center.

Appalachian took the top-five spots in the weight throw to start off the day with Jonathan Howes placing first with a throw of 51-9.00. John Leonard, Nathan Milch, Mason Lasater and Richard Bell followed in second, third, fourth and fifth-place, respectively.

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Samuel Allen was second in the high jump event, clearing a height of 6-4.25. Matt Layne posted a first-place finish in the pole vault, clearing a height of 15-9.00 for a personal record.

Kyle McFoy found a first-place finish in the mile run, finishing in 4:23.90, a new personal record. Peter Ovendorf was first in the 800m run with a time of 2:01.10, good enough for a personal best time.

Clay Allen posted a second-place finish in the 200m dash with a time of 22:68 to round out the meet for Appalachian.

The Mountaineers finished first as a team with 126.50 points, followed by Carson-Newman in second-place with 103.50 points.

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Softball Triumphs Over Bulldogs; Falls to Bears

The Appalachian State University softball team earned a split on the second day of the Blues City Classic. They defeated Alabama A&M, 11-2 win; they lost to Missouri State, 6-0.

Game One: App State 11, Alabama A&M 2

The Mountaineers got off to a fast start with a of singles and two stolen bases from Dani Heichen (Pembroke Pines, Fla./Pembroke Pines Charter) and Cynthia Gomez (Oxnard, Calif./Pacifica). With Heichen on third and Gomez on second, Heichen scored on a groundout by Lindsay Loudermilk (Bluff City, Tenn./Sullivan East) to take an early 1-0 lead. Alex Sohl (Paducah, Ky./Lone Oak) placed a single perfectly through the right side of the infield to score Gomez from third to extend the inning and the lead to 2-0. After a passed ball, Cara Parker (Lake Park, Ga./Lowndes) and Caroline Rogers (Suwanee, Ga./North Gwinnett) produced back-to-back run-scoring triples into the left field corner followed by Whitney Johnson's (Dunn, N.C./NC School of Science and Math) first hit and RBI of the season to give the Apps a 5-0 lead in the top half of the first.

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Johnson had a two-run triple in the third that gave ASU an 8-2 lead. Parker , who got on base three times, reached on a three-base error. She later scored on an RBI single by Rogers for a 9-2 lead.

Meaghen Gray would settle in for the top of fourth and put down the Mountaineers in order. Laws would replicate Gray in the bottom half and ended the inning on her third strikeout of the game getting left side to extend the Appalachian lead to 9-2. Laws would put down the Bulldogs in order to end the fifth inning.

The Apps closed out their assault with a pair of runs in th top of the sixth. Caroline Chambers (Kings Mountain, N.C./Kings Mountain) had an RBI double---her first hit and RBI for the season. Katie Mathewson (Hickory, N.C./Hickory) followed with her first RBI single of the year for an 11-2 lead.

Sydney Laws, a true freshman went six innings allowing just three hits and no earned runs with three strikeouts. Rogers led the team with three hits going a perfect 3-for-3 with two runs and two RBIs. Heichen and Parker both had two hits and scored two and three runs, respectively. Johnson also had two hits going 2-for-3 with three RBIs. Chambers, Loudermilk, Mathewson, Sohl and Parker all tallied one RBI each in the triumph.

Game Two: Missouri State 6, App State 0

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In game two, Missouri State jumped on starting pitcher Shivaun Landeros (Sparks, Nev./Edward C. Reed) for three runs in the top of the first.. And it was all downhill from there for the Mountaineers.

Despite the loss, Landeros went the distance, allowing seven hits and five earned runs with seven strikeouts.

The Mountaineers play Evansville to close out the tournament Sunday at 10 a.m.

Women's Tennis Falls at Coastal Carolina

Appalachian State University women's tennis dropped its second match of the weekend in a 6-1

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loss at Coastal Carolina on Saturday at the Billy Nichols Tennis Center.

The Mountaineers (1-4) were unable to overcome the strong play of the Chanticleers (8-1), picking up just one win on the day.

Gabrielle Wreder was Appalachian's lone point-scorer as she snagged a 6-3, 6-2 win at No. 4 singles as Coastal won the doubles point and all remaining five singles matches.

Clare Cox was able to send her match at No. 1 into a decisive third set, but ultimately fell by a score of 6-5, 3-6, 10-6 while Jessica Thaggard did the same at No. 5 (6-3, 2-6, 10-5).

Mackenzie LaSure dropped her match at No. 2 (6-4, 6-5) while Brianna Armellino lost at NO. 3 (6-3, 6-0) and Sarah King fell at No. 6 (6-1, 6-0)

Coastal Carolina swept doubles play with 8-2, 8-5 and 8-4 wins at No. 1, 2 and 3, respectively. The Mountaineers will wrap up their three-match road trip when they take on Presbyterian at

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2:30 p.m. on Sunday.

Coastal Carolina 6, Appalachian State 1

Feb 22, 2014 at Conway, S.C. (Billy Nichols Tennis Center)

Singles competition

1. KOWAL, Kourtney (COASTAL) def. Clare Cox (APP) 6-5, 3-6, 10-6
2. YAZAWA, Honami (COASTAL) def. Mackenzie LaSure (APP) 6-4, 6-5
3. DE WIT, Dominique (COASTAL) def. Brianna Armellino (APP) 6-3, 6-0
4. Gabrielle Wreder (APP) def. DELAY, Romane (COASTAL) 6-3, 6-2
5. MALATEK, Amanda (COASTAL) def. Jessica Thaggard (APP) 6-3, 2-6, 10-5

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6. MAJTAN, Mila (COASTAL) def. Sarah King (APP) 6-1, 6-0

Doubles competition

1. KOWAL, Kourtney/YAZAWA, Honami (COASTAL) def. Brianna Armellino/Mackenzie LaSure (APP) 8-2

2. DELAY, Romane/DE WIT, Dominique (COASTAL) def. Clare Cox/Megan Mullen (APP) 8-5

3. MALATEK, Amanda/MAJTAN, Mila (COASTAL) def. Olivia Isbey/McKayla Zupan (APP) 8-4

Match Notes

Appalachian State 1-4

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Coastal Carolina 8-1

Order of finish: Doubles (1,3,2); Singles (6,3,4,2,1,5)

Photo Courtesy; Cassie Crawford, ASU Athletics