

ASU Men Second, Women Fourth at Conference

Written by Kelsey Campbell
Saturday, 02 November 2013 20:07

Appalachian State University men's cross country finished second at the Southern Conference Championships on Saturday morning in the 8,000m race in Birmingham, Ala.

Kyle McFoy got the first place finish for the Mountaineers, recording a time of 25:08.85. Josh Cox got his first second-place finish for the Apps this season with a time of 25:31.76 and finishing tenth overall.

James Howard-Smith and Will Raby followed, recording times of 25:40.05 and 25:40.76 and finishing in 13th and 14th place overall, respectively.

Michael Ellis rounded out Appalachian's top five finishers, crossing the finish line in 20th place overall with a time of 25:51.31.

UNCG's Paul Chelimo took the individual title, finishing the race with a time of 24:19.72. Furman claimed first place, finishing with three runners in the top five for a total of 48 points. Appalachian took second with 63 points, followed by Chattanooga with 73 points.

Team Results

1. Furman - 48
- 2. Appalachian State - 63**
3. Chattanooga - 73
4. UNCG - 74
5. Davidson - 124
6. Samford - 148
7. Elon - 167
8. Western Carolina - 221
9. The Citadel - 269
10. Wofford - 282

Women Finish Fourth at SoCon Championships

Appalachian State University women's cross country finished fourth in the 5,000m race at the Southern Conference Championships on Saturday morning in Birmingham, Ala.

Justine Stocks led the way for the Mountaineers, finishing in tenth place overall with a time of 18:23.22. Dana Cox finished second for the Apps, recording a time of 18:38.52 and finishing in

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15th place overall.

Brittany Williams, Meaghan McCauley and Katie Cagle crossed the finish line in the top five for the Mountaineers, placing 22nd, 25th and 27th place overall, respectively. Kayla Schneider of the Mountaineers was 28th in 18:52.80. Chattanooga's Teghan Henderson won the individual title in the race, finishing with a time of 17:05.84.

Furman claimed the team title, tallying three runners in the top 10 overall for a total of 48 points. Elon followed with 50 total points and UNCG earned third place with a total of 62 points. Appalachian finished fourth in the race with 99 points.

The Mountaineers will return to action on Nov. 9 at the Three Stripe Invitational in Raleigh, N.C.

Team Scores

1. Furman - 48
2. Elon -50
3. UNCG - 62
- 4. Appalachian State - 99**
5. Chattanooga -136
6. Davidson - 177
7. Samford - 195
8. Wofford - 238
9. Western Carolina - 240
10. The Citadel - 276
11. Georgia Southern -305

Photo Courtesy: Kyle McFoy, ASU Athletics