

## **XC Practice Begins August 1**

Written by Staff Reports  
Monday, 22 July 2013 08:28

---

The Watauga High Cross Country team will begin official practice on August 1st at 6:00pm. The practices will be held at the stadium near the concession stand. All participants must have a completed doctor's physical form. The physical form and all other forms can be found on the Watauga High web page. Just click on athletics. Practices will go from 6-8 each week night until school starts.

For more information please call Coach Randy McDonough at 828-264-1790 or email at [coachmac60@hotmail.com](mailto:coachmac60@hotmail.com)