

Broaden, Stalling, Hamilton Finish Day One of Preliminaries

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Stanley Broaden and Jared Stalling wrapped up first-day action at the NCAA East Preliminaries on Thursday at Irwin Belk Track at North Carolina A&T on Thursday. Broaden, who will compete in the

110-meter hurdles on tomorrow, finished the 400-meter hurdles in 42nd place after posting a time of 54.05 seconds.

Stalling saw his prolific career come to an end with a 27th-place finish in the discus throw. His mark of 50.66 meters (166-2) was not enough to place him among the top 12 competitors who will advance to the NCAA Championships.

Despite not reaching the national championship round, Stalling finished his outdoor career as a two-time Southern Conference Most Outstanding Field Performer and ranks in the top-five in Appalachian State history in the discus, hammer and shot put.

Josh Cox and Chris Moen will run in the 3,000-meter steeplechase on Friday afternoon after combining to earn four top-three finishes during the 2013 campaign. Moen, who ranks fourth in school history in the event, won the steeplechase at the SoCon Championships while Cox, who ranks sixth in Appalachian history, finished as the runner-up.

Alex Taylor will compete in the 1,500-meter run at the East Regionals on Saturday. He snagged three top-10 finishes in the event during the season, including a first-place showing at the Beaches vs. Mountains meet in March. He is the current school record-holder in the event, logging a time of 3:42.29 last season.

In the women's regional meet, Amanda Hamilton capped off her impressive career with a 41st-place showing in the 10,000-meter run at the NCAA East Preliminaries on Thursday at Irwin Belk Track at North Carolina A&T.

With a finish outside the top-12, Hamilton will not advance to the NCAA Championships despite recording a time of 36:33.67. She set a school record in the event with a time of 34:52.76 at the Raleigh Relays in March and finished third in the event at the SoCon Championships.

Breanna Alston will compete in the 200-meter dash on Friday, an event in which she logged four top-two finishes during the season. A first-time regional qualifier, Alston posted a personal-best time of 23.52 seconds, the second-best mark in school history, to take first in the 200-meter dash at the North Carolina A&T Aggie Last Chance on May 12.

Cassie Crawford makes her second appearance at the regional level on Friday after qualifying in the pole vault, where she notched eight top-five finishes in 2013 including four first-place showings and a runner-up finish at the 2013 Southern Conference Outdoor Championships. Her height of 12-9.5 at the Auburn Tiger Classic last month tied her career-best, the second-best mark in Appalachian history.

The top 12 competitors in each event will advance to the NCAA Championships, set for June 5-8 in Eugene, Ore.

Photo Courtesy: Jared Stallings, ASU Athletics