

Apps Wrap Up Weekend at Penn Relays

Written by Ryan Bower

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Appalachian State University men's track and field wrapped up action at the prestigious Penn Relays at Franklin Field on Saturday. On Thursday, Chris Moen logged the best performance of the day with an eighth-place finish in the College Men's 3,000-meter steeplechase Championship with a time of 8:59.67, a new personal record and the fourth-best time in school history. Josh Cox took 11th in the College Men's 3,000-meter steeplechase with a time of 9:22.98 and Michael Lilley closed out the day with a 14th-place showing in the 10,000-meter run with a time 30:17.28, a new personal record and the seventh-best time in school history. In Friday's competition, the team of Moen, Stanley Broaden, Raphael Rojas and Alex Taylor took 12th in the distance medley relay (9:57.21) falling just two seconds shy of setting breaking the school record set at the event last season. Jared Stalling took eighth in the shot put with a mark of 15.79 meters (51-9.75) and 21st in the discus with a throw of 47.49 meters (155-9). He closed out the weekend with a seventh-place showing in the hammer throw, notching a mark of 53.88 meters (176-9), to cap of Appalachian's weekend in Philadelphia.

On the women's side, Jamie Glenn took home first-place honors in the triple jump. Glenn, who recorded a personal-best mark of 12.28 meters (40-3.5), beat out a field of 27 other athletes, including several Big Ten and SEC competitors, to capture the College Women's Triple Jump (Eastern) title.

Justine Stocks and Kayla Schneider paced the Apps on Thursday at the Penn Relays, the first day of competition. Stocks took second in the Olympic Development 3,000-meter steeplechase with a time of 11:02.04 while Schneider finished fourth with a time of 11:11.73. Stocks' time in the event was just under two seconds shy of her personal record (11:00.19), set at the SoCon Championships last weekend.

Tatyana Bryant also turned in a solid performance for the Mountaineers as she captured 10th in the long jump with a mark of 5.68 meters (18-7.75) to finish 10th. Jasmine Suydam and Brianna Tate finished 12th and 15th, respectively, in the shot put. Suydam notched a mark of 13.41 meters (44-0) while Tate recorded a throw of 13.16 meters (43-2.25).

Sarah Williamson captured 24th in the 5,000-meter run with a time of 17:15.76, a new personal record and the eighth-best time in school history. The 4x400-meter relay squad of Breanna Alston, D'Shawnna McLucas, Taryn Stern and Breahna Morrison finished 35th in preliminaries with a time of 3:50.83, but did not advance to Saturday's finals.

Appalachian capped of its time at the Penn Relays as Alston, McLucas, Stern and Morrison finished 28th in the sprint medley relay, finishing in a time of 4:0.88 The Mountaineers are scheduled to compete in two meets next weekend. Appalachian State will send athletes to both the Clemson Invitational (May 4) and NC State Last Chance Meet (May 5).

Photo courtesy: Chris Moen, ASU Athletics