

## **Stallings, Crawford Earn SoCon Honors**

Written by Chandler Carver

Wednesday, 20 March 2013 18:09

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Davidson junior Andrew Lantz and Appalachian State senior Jared Stalling have been named the Southern Conference's Men's Outdoor Track and Field Athletes of the Week for meets over last weekend. The selections are made by the

league's track and field coaches.

Stalling finished third in the shot put at the Wake Forest Open in a personal best of 55' 11" (17.04m). This mark is the fourth best in school history. He also took sixth in the hammer throw with a toss of 184' 3" (56.15m) and finished second in the discus with a throw of 166' 3" (50.68m). He leads the conference in all three throws.

Western Carolina junior Jocelyn Keen and Appalachian State's Cassie Crawford have been named the Southern Conference's Women's Outdoor Track and Field Athletes of the Week for meets over last weekend. The selections are made by the league's track and field coaches. Crawford, an Apex, N.C., native, placed second at the Wake Forest Invitational with a vault of 12-5.50. Appalachian State returns to action on both the men's and women's sides when they head to the High Point Invitational on Saturday.

### **Women's Outdoor Track Athlete of the Week**

Mar. 20 – Jocelyn Keen, Western Carolina

### **Women's Outdoor Field Athlete of the Week**

Mar. 20 – Cassie Crawford, Appalachian State

### **Men's Outdoor Track Athlete of the Week**

Mar. 20 – Andrew Lantz, Davidson

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**Men's Outdoor Field Athlete of the Week**  
**Mar. 20 – Jared Stalling, Appalachian State**

**Photo Courtesy: □ Cassie Crawford, ASU Athletics**