

## Healy Named SoCon Defensive Player of Year

Written by Ryan Bower

Tuesday, 05 March 2013 15:13

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Appalachian State University men's basketball senior Nathan Healy was named as the Southern Conference Defensive Player of the Year as selected by the league's coaches, it was announced on

Tuesday. In addition to his Defensive Player of the Year accolades, Healy also earned a spot on the coaches' all-SoCon team and was named as a second team all-conference selection by the league's media members.

Healy finished the regular season ranked second in the league in rebounding (7.9 rpg) and first in defensive rebounds (6.0 rpg). He currently ranks second in the league in steals (2.0 spg) and third in blocks (1.4 bpg) while anchoring a front line that ranked second in the league with 3.8 blocked shots per contest.

A standout player on both ends of the floor, Healy led the Mountaineers and ranked ninth in the SoCon in scoring (14.6 ppg) and tallied seven double-doubles during the regular season. He becomes the first Mountaineer to win SoCon Defensive Player of the Year honors in the five years that the award has been granted and is the 50th player in school history to earn all-SoCon accolades.

Earlier this season, Healy became the first men's basketball player in Appalachian State history to be named as an Academic All-American when he earned a second team Academic All-America nod from CoSIDA.

### 2013 SoCon Coaches Men's Basketball Awards

#### All-Conference Team

#### **Nathan Healy, Appalachian State**

Andrew Lawrence, College of Charleston

Mike Groselle, The Citadel

De'Mon Brooks, Davidson

Jake Cohen, Davidson

Jack Isenbarger, Elon

Lucas Troutman, Elon

Trevis Simpson, UNCG

Raijon Kelly, Samford

Trey Sumler, Western Carolina

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### **All-Freshman Team**

Matt Van Scyoc, The Citadel  
Clide Geffrard Jr., Samford  
Tim Williams, Samford  
Gee McGhee, Chattanooga  
Spencer Collins, Wofford

### **Player of the Year**

Jake Cohen, Sr., F, Davidson

### **Defensive Player of the Year**

**Nathan Healy, Sr., F, Appalachian State**

### **Freshman of the Year**

Tim Williams, F, Samford

### **Coach of the Year**

Bob McKillop, Davidson

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### 2013 Men's SoCon Sports Media Association Awards

#### All-Conference First Team

De'Mon Brooks, Davidson  
Jake Cohen, Davidson  
Lucas Troutman, Elon  
Trevis Simpson, UNCG  
Trey Sumler, Western Carolina

#### All-Conference Second Team

##### Nathan Healy, Appalachian State

Mike Groselle, The Citadel  
Andrew Lawrence, College of Charleston  
Raijon Kelly, Samford  
Karl Cochran, Wofford

#### All-Conference Third Team

Nik Cochran, Davidson  
Jack Isenbarger, Elon  
Eric Ferguson, Georgia Southern  
Tim Williams, Samford  
Z. Mason, Chattanooga

#### All-Freshman Team

Matt Van Scyoc, The Citadel  
Clide Geffard Jr., Samford  
Tim Williams, Samford

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Gee McGhee, Chattanooga  
Spencer Collins, Wofford

## **Malcolm U. Pitt Player of the Year**

Jake Cohen, Sr., F, Davidson

## **Freshman of the Year**

Tim Williams, F, Samford

## **Anton Foy Coach of the Year**

Matt Matheny, Elon

**Photo Courtesy: Nathan Healy, ASU Athletics**