

McKaig Cracks Top Ten At U.S. XC Championships

Written by Staff Reports

Tuesday, 05 February 2013 08:14

Alissa Mckaig of Zap Fitness Foundation in Blowing Rock, N.C., and a member of the Reebok Zapfitness running team, finished ninth last Saturday at the United States Cross Country Championships, which took place in St Louis, Missouri's

Forest Park. Mckaig completed the eight kilometer (4.97 mile) course in 27 minutes, 18 seconds.

"Alissa has now consistently put herself in the top 10 at a host of US Championships - from cross country to the marathon," said head coach Pete Rea. "And today, she turned in a strong performance on a muddy course. At only 26 (years old) she is now on the cusp of the next level of performance."

Photo Courtesy: Alissa McKaig, Zap Fitness Foundation