

## Time Changed for Blue Ridge Open

Written by Staff Reports

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Appalachian State University cross country has changed the time of the Blue Ridge Open hosted in Boone, N.C. at the Don Kennedy Trails. The meet is now scheduled to start at 3:30 p.m. on

Friday, Oct. 12. The meet will consist of one gold heat for the 5,000m run for the women. The women will host 15 teams with two regionally ranked teams including No. 12 Belmont in the South region and No. 15 Wake Forest in the Southeast region

The meet will consist of one gold heat for the 8,000m run. Don Kennedy Trails will host 17 teams this Friday, with five regionally ranked opponents including No. 6 ETSU and No. 15 Belmont in the South region and No. 9 Wake Forest, No. 10 George Mason and No. 13 High Point in the Southeast region.