

Erb Has PR Performance On Sunday

Written by Staff Reports

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Esther Erb of Zap Fitness Foundation in Blowing Rock, N.C., turned in a solid performance on Sunday as she finished seventh at the Twin-Cities Marathon in Minneapolis, MN. Erb ran a personal-best-time of two hours, 36-minutes,

23 seconds. That effort earned Erb a seventh-place finish. Erb was a multi-time All American while at Case Western University (Ohio) and capped her career by winning the 2008 Division III 10,000m National Title. After graduating from Case Western, Erb spent 2 years abroad in Austria where she taught English and continued to train. At the 2012 Olympic Trials in Houston Erb set her marathon PR, finishing in 2:37.21. Esther has also run 55:26 for 10 miles in winning the 2012 Broad Street Run 10 miler.

Photo Courtesy: Esther Erb, Zap Fitness Foundation