

## Shields Wins Individual Title At L-R Invitation

Written by Whitney Noble

Saturday, 08 September 2012 23:46

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Emily Shields (Salisbury, N.C.) finished first overall in the Lenoir-Rhyne University Cross Country Invitational on Saturday morning to capture the individual championship to pace the Lees-McRae College women's cross country

team.

Emily Shields posted a time of 19:56 to claim the individual title, while her twin sister Katherine Shields (Salisbury, N.C.) placed third with a mark of 20:02. Cinthia Lehner (Greer, S.C.) finished 36th with a time of 23:00, as Rayne Delutis (Roanoke, Va.) placed 63rd with a mark of 27:12 to round out the day for the Bobcats.

Host Lenoir-Rhyne won the team title with 54 points, as Mars Hill College placed second with 72 markers. Radford University was third with 86 points, followed by Carson-Newman College (89), Converse College (108), Brevard College (143), Tusculum College (155), University of Virginia at Wise (226), and Emory & Henry College (252).

In the men's race, Jared Lupton (Nampa, Idaho) finished 22nd overall to lead the Lees-McRae College men's cross country team to a seventh-place performance at the Lenoir-Rhyne University Invitational on Saturday morning.

Lupton turned in the top finish of the day for Lees-McRae, finishing 22nd with a time of 28:32 as Gabriel Tobias (Caldwell, N.C.) placed 44th with a mark of 31:08. Dustin Rudisill (Dallas, N.C.) finished 51st with a time of 31:50, while Zach Cummings (Duncan, S.C.) and Jordan Meyers (Inman, S.C.) placed 63rd and 65th, respectively, with marks of 35:23 and 36:49.

Radford University captured the team title with 26 points, placing four runners in the top six and five in the top 10. Mars Hill College finished second with a mark of 39 points, followed by host Lenoir-Rhyne (91), Brevard College (92) and Tusculum College (128). Carson-Newman was sixth with 171 markers, followed by Lees-McRae (214), University of Virginia at Wise (216), and Emory & Henry College (216).

Lees-McRae returns to the trails on Friday, September 28 when the Bobcats travel to Charlotte, N.C. to participate in the UNC Charlotte Invitational.

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**Photo Courtesy: Emily Sheilds, LMC Athletics**

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