

WHS XC Practice

Written by Mike Kelly
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Watauga High cross country coach Randy McDonough has announced that practice will officially begin Monday July 30. Veterans will practice at 6:30 a.m. and 6:00 p.m. Monday-Wednesday and 6:00 p.m. on Thursday and Friday. Newcomers will practice at 6:00 p.m. everyday that week. Practice will be at Jack Groce Stadium each night. All

participants must have a completed physical as well as the forms that can be found on the Watauga High Fusion page. For more info call or email Coach Mac at 264-1790.