

Mountaineer Cross Country Releases 2012 Schedule

Written by Ryan Bower
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Appalachian State University cross country head coach Michael Curcio announced both the men's and women's cross country schedules for the upcoming 2012 season on Monday. The Mountaineers will host a total of

three meets at the Don Kennedy Trails, including two-straight to open up the season, and both the men and women will compete at the same events during the year.

Appalachian will get its season started when it hosts the Covered Bridge Open on Aug. 31 in Boone before hosting the Mountaineer Open on Sept. 14. ASU will then hit the road for three-straight meets beginning with the Winthrop Invite on Sept. 15. The Mountaineers will split the squads two weeks later (Sept. 28) when part of each team heads north to the Keystone State for the Paul Short Run in Bethlehem, Pa., while the other halves run at Charlotte's 49er Invite.

Appalachian returns home on Oct. 12 for the Blue Ridge Open to close out the regular season as it prepares for the 2012 Southern Conference Championships in Mt. Pleasant, S.C. on Oct. 27. A solid showing by the Mountaineers at the SoCon Championships could send several athletes to the NCAA Southeast Regional in Charlotte on Nov. 9 to compete for a spot in the NCAA Division I Championships in Louisville, Ky. on Nov. 17.

Date **Opponent** **Location** **Time (ET)**

Fri, Aug 31 Covered Bridge Open BOONE, N.C., 5 p.m.
Fri, Sep 14 Mountaineer Open BOONE, N.C., 5 p.m.
Sat, Sep 15 Winthrop Invite at Rock Hill, S.C., 9 a.m.
Fri, Sep 28 Paul Short Run at Bethlehem, Pa., 10 a.m.
Fri, Sep 28 49er Invite at Charlotte, N.C., 4 p.m.
Fri, Oct 12 Blue Ridge Open BOONE, N.C., 3 p.m.
Sat, Oct 27 Southern Conference Championships at Mt. Pleasant, S.C., 10 a.m.

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Fri, Nov 09 NCAA Southeast Regional at Charlotte, N.C., 10 a.m.
Sat, Nov 17 NCAA Championships at Louisville, Ky., 11 a.m.

Photo Courtesy: ASU Cross Country, ASU Athletics