## McKaig Finishes 11th At Olympic Trials

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Alissa McKaig of Zap Fitness Foundation of Blowing Rock turned in an 11th-place finish in the women's 10,000-meter run at the Olympic Trials in Eugene, Ore., Friday night. McKaig finished the race in 32:31.66; Amy Hastings of Brooks won the race in 31:58.36. Sarah Porter, who's had a productive season with Zap Fitness did not finish the race. Hastings led much of the second half of the race and moved from third to first with 100 meters to go before winning the race. Natosha Rogers

of Texas A&M was second in 31:59.21 and Shalane Flanagan was third in 31:59.69. Rogers does not have the Olympic 'A' standard and Flanagan plans to run the marathon instead of the 10,000 at the Olympics, so fourth-place finisher Lisa Uhl and seventh-place finisher Janet Cherobon-Bawcom, the only other two competitors with the 'A' standard, made the Olympic team.

On the men's side, David Jankowski had a 20th-place showing in the 10,000. He finished the race in 29:00.67. Galen Rupp of Nike won the race in the record time of 27:25.33. He broke the old record of 27:36.49 set by Meb Keflezighi of Nike in 2004. Running in a heavy downpour, Rupp settled behind Portland's Dathan Ritzenhein for much of the race before making his move in the 22nd lap. Rupp won the race in record time and punched ticket for his second trip to the Olympics. Matt Tegenkamp passed Ritzenhein with one lap left and took second, and Ritzenhein beat the Olympic "A" standard to finish third in 27:36 to earn the third spot to the London Olympics.

McKaig will compete in the women's 5,000-meter run Monday night. The preliminaries begin at 9:05 p.m. EDT. The finals will be held on Thursday, June 28 at 10:15 p.m. EDT.

Photo Courtesy: Alissa McKaig, Zap Fitness Foundation