

Griewisch Earns All-American Honors At Nationals

Written by Staff Reports
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Lenoir-Rhyne's Kate Griewisch finished fourth out of 10 runners in the women's 5,000-meter run at the 2012 NCAA Division II Indoor Track and Field National Championships Saturday evening at the Myers Field House on the campus of Minnesota State University Mankato. Griewisch, a senior from Banner Elk, N.C.,

ran a school-record 16:38.62 and earned indoor track and field All-American honors for her performance.

Grand Valley State's Rachel Patterson won the event and broke the national record with a time of 16:07.28.

Last season, Griewisch was one place off of earning All-American honors in the 5K after placing ninth overall in the indoor finals in Albuquerque, N.M.

Griewisch is a three-time NCAA Division II All-American in women's cross country (2009-11) and garnered All-American honors last year in NCAA Division II Outdoor Track and Field after finishing sixth in the women's 10,000-meter championship in Turlock, Calif.

Griewisch holds indoor school records in the one-mile run (5:03.20) and 3,000-meter run (10:11) as well.

An outstanding student as well, Griewisch was named to the 2011 CoSIDA Capital One Academic All-American Second Team for the Women's Track and Field & Cross Country College Division.

In addition, Griewisch was the 2010-11 female recipient of the South Atlantic Conference President's Award. The award is the highest honor the league gives out on an annual basis.

The Lenoir-Rhyne Men's and Women's Track and Field Teams return to competition on Saturday, March 24, in the VertIKlasse Meeting in High Point, N.C.

2012 NCAA Division II Indoor Track and Field National Championship Women's 5,000-meter run - March 10, 2012 Mankato, Minnesota

1. Rachel Patterso, Grand Valley State, 16:07.28
2. Lauren Kleppin, Western State, 16:10.92
3. Christina Muir, Ferris State, 16:25.42

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- 4. Kate Griewisch, Lenoir-Rhyne, 16:38.62**
5. Kristen McGlynn, Adams State, 16:38.84
6. Elicia Anderson, Millersville, 16:50.61
7. Sarah Lange, Adams State, 16:54.26
8. Katrina Spratford, Shippensburg, 16:57.45
9. Lara Crofford, Shippensburg, 16:59.75
10. Hope Christie, Wisconsin-Parkside, 18:08.56

Photoi Courtesy: Kate Griewisch, LRU Athletics