

Nine student-athletes signed National Letter of Intent to join Appalachian State's field hockey program on Monday, announced by head coach Brandi Alexander Kist. The incoming class includes: Lindsay Amando (McLean, Va./Langley),

Cristina Ceppi (Vienna, Va./James Madison), Anna Copsey (Clemmons, N.C./West Forsyth), Lane Flynn (Silver Spring, Md./James Hubert Blake), Hanna French (Dayton, Ohio/Oakwood), Robbi Jenson (Ridgway, Va./Carlisle School), Charlotte Kirwan (Bethesda, Md./Walter Johnson), Kim Perkins (Lewisville, N.C./Forsyth Country Day School), and Caroline Phillips (Delmar, Del./Delmar).

Lindsay Amador (M/F, 5-7, McLean, Va./Langley)

Earned all-state honorable mention as she helped her team win the 2010 Colorado State Championship ... was named second team all-Liberty District as a senior ... finished her prep career with 13 goals and 12 assists.

Alexander Kist's Comment: "Lindsay's raw athleticism and work ethic will help increase our movement on the forward line. With her scrappiness in the circle and improvement of her vision she will be a scoring threat for ASU."

Cristina Ceppi (GK, 5-4, Vienna, Va./James Madison)

Earned U.S. Field Hockey Future Elite selection as a senior ... was a member of the U.S. Field Hockey National Future Championship as a sophomore and junior ... tabbed first-team all-district as a junior and senior ... was named all-state honorable mention as a senior ... tallied a career-best 120 saves as senior and made 110 stops as a junior.

Alexander Kist's Comment: "Crissy has had a standout scholastic career in goal and we are looking forward to developing her explosiveness and decision making for the speed of the collegiate game. She has great fundamentals and knows her angles. A great communicator she takes charge and can organize her defense in front of her quickly."

Anna Copsey (M/F, 5-7, Clemmons, N.C./West Forsyth)

Earned first-team all-conference as a senior ... was awarded four varsity-letters in field hockey and track and field, and also lettered twice in swimming ... played club field hockey for the N.C. Triad and was coached by Melissa Martin.

Alexander Kist's Comment: "Anna's work ethic and coachability will make her a versatile weapon for Appalachian. She will only improve as she adjusts to the speed of the game. She is a true student of the game and we are looking forward to refining her skill."

Lane Flynn (M/F, 5-5, Silver Spring, Md./James Hubert Blake)

Named second-team all-Burtonsville Gazette as a senior ... earned scholar-athlete honors as a sophomore ... recorded 24 goals throughout her prep career ... tabbed team captain for her club team, Capitol Pegasus under the direction of Lloyd Conyers.

Alexander Kist's Comment: "Lane is a very steady and consistent player. With the development of her speed we will look to use her smart play and distribution skills in our midfield. Her excellent work rate will help push her teammates everyday in practice."

Hanna French (M/F, 5-7, Dayton, Ohio/Oakwood)

Named Wendy's Field Hockey High School Heisman recipient ... earned first-team all-conference as a senior and second-team as a junior ... led the conference with 11 assists as junior and senior ... tabbed all-Ohio academic accolade from sophomore year through senior year ... was named to the East Coast all-tournament team as a freshman ... played club ball for the Columbus Coyotes and helped lead her team to a 2010 Keystone State Games championship ... was a four year varsity-letter winner in field hockey and track and field.

Alexander Kist's Comment: "Hanna has quite a reach defensively and good vision. Her ability to read plays and intercept the ball will keep our opponents on their toes."

Robbi Jensen (M, 5-4, Ridgeway, Va./Carlisle School)

Was a four-time all-conference honoree in field hockey and tennis ... earned all-state accolade as a sophomore, junior and senior ... recorded 24 goals, and 11 assists as a senior and 20 goals and 12 assists as a junior ... was named team most valuable player in all years with the tennis team.

Alexander Kist's Comment: "Robbi's skill and composure under pressure will add to the ability of our team to mount our attack through the midfield. Her work ethic on both sides of the ball will be an asset in our mid line."

Charlotte Kirwan (M, 5-3, Bethesda, Md./Walter Johnson)

Scored eight goals as a senior ... was a varsity-letter winner in field hockey and lacrosse ... played club field hockey for the Jackals Field Hockey.

Alexander Kist's Comment: "Charlotte will join the Mountaineer front line and will make an immediate impact with her speed and skill. Her tenacity will help with maintaining our attack in the offensive third."

Kim Perkins (M/D, 5-4, Lewisville, N.C./Forsyth Country Day School)

Earned all-state honors as a senior and all-conference honors as a junior and senior ... named a member of the all-star team as a junior ... named conference player of the year as a senior.

Alexander Kist's Comment: "Kim has very solid fundamentals. Her passing and vision will help us outlet the ball effectively out of our backfield. We are looking forward to working with her to develop her speed so she can also push up and be a threat in our midfield."

Written by Justin Bohn

Monday, 06 February 2012 11:14

Caroline Phillips (F, 5-7, Delmar, Del./Delmar)

Earned first-team all-state as junior and senior ... tabbed all-conference and all-region accolades as a senior ... scored 31 goals and dished out 8 assists in her senior year ... earned first-team all-state honors in 2011 in softball ... named all-conference twice in softball.

Alexander Kist's Comment: "Caroline is an offensive threat every time she is in the circle. Her stick work and vision will make her a valuable asset to the Mountaineer midfield."

Photo Courtesy: ASU Field Hockey Team, ASU Athletics