

Trotman Named SoCon Wrestler of the Month

Written by Paul Blascovich
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Appalachian State's Austin Trotman (Winston-Salem, N.C./Mount Tabor) has been selected as the Southern Conference Wrestler of the Month for

November 2011, the league announced on Thursday.

"I'm proud of the progress Austin has made," commented head coach JohnMark Bentley. "This is his year; he's 100 percent healthy, and his confidence is at an all-time high. The only thing on his mind right now is getting on that [NCAA Championship] podium in March."

Through the first month of the season, Trotman maintains the unique distinction as the league's only undefeated starter. He opened the season with a 4-0 title-winning performance at the Hokie Open and later went 3-0 at the Keystone Classic for his second crown of the season.

Trotman added a dual victory over Belmont Abbey to finish November at 8-0 overall.

The senior finished November with 99 career wins, and has since passed the century mark to 101 victories with his 10-0 start to the year.

With the selection, Trotman joins fellow senior Chip Powell (Greensboro, N.C./S.W. Guilford) as the only two active Mountaineers to have received the distinction; Powell was selected as Wrestler of the Month after a 4-0 performance in February 2009.

The Southern Conference's seven November honorees, highlight excellence among student-athletes across their respective sports. Athletes of the month are nominated by each member institution and selected by the conference office.

Other nominees for Wrestler of the Month for November included Nick Rex (Campbell), Kelby Smith (The Citadel), Scott Patrick (Davidson), Niko Brown (Chattanooga) and Matt Brock (VMI).

The Mountaineers are finalizing preparation for their next match, as they travel to face Ohio on Saturday, Dec. 10 at noon.

Photo Courtesy: Austin Trotman, ASU Athletics

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