

Freeman, Mallow Shine In Win At Western

Written by Ryan Bower

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Courtney Freeman notched her fourth career double-double and Katie Mallow poured in a career-high 14 points in Appalachian State women's basketball's 82-46 win over Southern Conference rival

Western Carolina on Monday, Dec. 5 at the Ramsey Center.

The Mountaineers (6-1, 2-0 SoCon) took control early and cruised to their fifth-straight win over the Catamounts (4-5, 0-2) and sixth-straight win overall.

Appalachian took its first double-digit lead of the game with 9:16 to go in the contest when Mallow's three-pointer gave the Apps a 15-4 lead. The Mountaineers would never lead by less than nine points the rest of the way and built a 32-18 halftime lead.

The second half played out much the same as the first with Appalachian State jumping out to a 20-point lead (42-22) with 14:56 left to play. ASU would increase its lead to 30 points (67-37) with just over six minutes on the clock.

Freeman finished with game-highs in points (18) and rebounds (10) while connecting on 7-of-11 shots including a 4-for-4 mark from the charity stripe.

Mallow, who went 5-for-11 from the floor, was 2-for-5 from beyond the arc and a perfect 2-of-2 from the free throw line.

Anna Freeman had 12 points, four rebounds, four steals and three assists in the game while Canesha Edwards finished with nine points and three boards.

The Catamounts, who struggled mightily from the floor, were paced by 10 points each from Makensy Campbell and Ali Lane.

Western Carolina shot just 27.5 percent (14-for-51) from the floor while the Mountaineers connected on 53.7 percent (29-of-54) shots.

Appalachian State finished with a 44-23 edge in rebounds and shot 68.8 percent (22-for-32) from the line while WCU shot 81.3 percent (13-for-16) from the charity stripe but was just 5-for-22 from deep.

Both teams committed 31 turnovers in the game and combined for just 22 assists.

The Mountaineers return to action on Saturday when they take on UNC Asheville at 4:30 p.m. at the Asheville Collegiate Basketball Invitational.

GAME NOTES: Appalachian State forced 10 or more turnovers for the 74th-straight game... the Apps improved to 44-10 when A. Freeman has 10 or more points... the 31 turnovers by ASU were its most since also turning the ball over 31 times in an 85-66 win over Elon on Jan. 2, 2010... the team's field-goal percentage was its highest since it hit 54.4 percent (31-of-57) against Davidson in the first round of last year's SoCon Tournament... Appalachian held WCU to just 25.0 percent from the floor in the first half, the lowest first half total for an ASU opponent since holding College of Charleston to 25.0 percent in the first half on Feb. 2, 2011... the Mountaineers outscored the Catamounts 36-10 in the paint, 25-17 off turnovers and 11-0 on second-chance points.

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