

ASU Women Place 20th At NCAA Regional

Written by Staff Reports

Saturday, 12 November 2011 21:10

Appalachian State University women's cross country wrapped up its season with a 20th-place finish at the 2011 NCAA Southeast Region Championship Saturday morning at E.P. "Tom" Sawyer Park.

The Mountaineers were led by junior Amanda Hamilton

for the fifth-straight meet and finished in 60th-place out of 240 runners with a time of 21:50.2.

Senior Hannah Orders finished her well-accomplished cross country career with an 81st-place finish at the 22:06.9 mark, while junior Sarah Williamson crossed the finish line with a time of 22:40.7.

Sophomore Kaitlyn Cagle crossed the finish line at the 22:42.5 mark and fellow sophomore Allison Cook rounded out the Apps top-five with a time of 23:02.4.

Virginia won the meet with three runners in the top-20 and were followed by fellow ACC foe North Carolina State to earn the meet's two team automatic bids for the NCAA Championship. UNC Greensboro led the Southern Conference with a seventh-place finish. North Carolina's Kendra Schaaf won the individual title by completing the 6k-course with a time of 19:52.9.

ASU Men Place 18th At NCAA Regional

Appalachian State University men's cross country wrapped up its season with a 18th-place finish at the 2011 NCAA Southeast Region Championship Saturday morning at E.P. "Tom" Sawyer Park.

The Mountaineers were led by junior Will Raby, who finished the 10k run in 77th-place with a time of 32:05.6. Senior Chris Moen finished his well-accomplished cross country career with a 84st-place finish at the 32:14.3 mark, while junior Alex Taylor finished a second behind Moen.

Junior Mike Lilley crossed the finish line at the 32:33.7 mark, while senior Nick Kelly rounded out the Apps top-five with a time of 32:45.1

North Carolina State won the meet with five runners in the top-25 and were followed by Eastern Kentucky to earn the meet's two team automatic bids for the NCAA Championship. UNC

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Greensboro's Paul Chelimo finished second overall to lead the Spartans to a eighth-place finish. N.C. State's Ryan Hill led the 218 man race with a time of 29:48.8.