Field Hockey Falls to No. 6 Stanford

Written by Staff Reports Friday, 04 November 2011 07:00

Appalachian State University field hockey fell in the first-round of the NorPac Tournament to No. 6 Stanford, 7-0, Thursday afternoon at Varsity Turf Stadium.

The Cardinal took a 1-0 lead when Devon Holman netted her fifth goal of the season from an assist by Katie Mtchell at the 5:04 mark. Stanford's Colleen Ryan increased the Cardinal's lead to 2-0 with a goal in the 15th minute. Holman netted her second goal

lof the game at the 17:32 mark, while Katie Mitchell scored an unassisted goal right before halftime to give Stanford a 4-0 lead.

Holman completed the hat-trick in the 37th minute to stretch the Cardinal lead to 5-0. NorPac Player of the Year, Becky Dru scored her 15th goal of the season at the 59:28, while Emily Henriksson sealed Stanford's victory with a goal in the 63rd minute.

The Mountaineers' all-NorPac East honoree, Brooklyn Shearer, record two shots, while senior Bridgette Street tallied eight saves.

The Mountaineers wrap-up the 2011 campaign when they square off with UC Davis in a NorPac Tournament consolation game on Friday at 2:00 p.m. at Stanford.

Courtney Rhein Named Defensive Player of the Month

Appalachian State junior libero Courtney Rhein was named as the Southern Conference Volleyball Defensive Player of the Month, the league office announced Thursday. Rhein, who helped lead the Mountaineers to an 8-2 record in October, had previously been named as the SoCon Defensive Player of the Week for the week of Oct. 17.

During the month of October, Rhein recorded 186 digs in 35 sets (5.31 d/s) and tallied 20 or more digs in five matches including four-straight 20-dig performances to start the month. She also recorded 31 assists for the month

Her 28-dig performance against Elon on Oct. 1 put her over the 1,000-dig mark for her career. Rhein currently sits in ninth-place in the ASU record book with 1,146 digs, just 16 shy of moving into eight-place all-time. She has recorded 20 or more digs in eight different matches this season.

On the season, Rhein has recorded 448 digs in 94 sets and ranks third in the SoCon and 69th

Field Hockey Falls to No. 6 Stanford

Written by Staff Reports Friday, 04 November 2011 07:00

nationally in digs per set (4.77). She has been even more impressive in conference play as she averages 5.07 d/s against SoCon opponents.

The Mountaineers return to action tomorrow night for their final match at home when they play host to Davidson at 7 p.m. at the Holmes Center.

Two Appalachian Wrestlers Ranked in Preseason Polls

Two Appalachian State wrestlers have been ranked among the nation's best in preseason polls conducted by leading wrestling news outlets.

The Mountaineers' duo of defending Southern Conference champions, Kyle Blevins (Sapulpa, Okla./Sapulpa) and Austin Trotman (Winston-Salem, N.C./Mount Tabor), were both ranked as high as 13th nationally in their respective weight classes.

Blevins finished the 2010-11 season as the No. 18 wrestler at 165 pounds after taking Tournament Outstanding Wrestler honors at the 2011 SoCon event and posting a 2-2 record in the NCAA Championship. Last year, he tied the program record with 38 wins in the season and won 15 of his final 16 regular-season bouts. Blevins has been honored by the SoCon as Wrestler of the Week in each of the last two seasons, and the senior was tabbed preseason all-conference by the league's coaches.

Trotman has won a SoCon crown in each of the last two seasons and could become the first Mountaineer to three-peat since Mark Fee (165) in 2001-03. A three-time NCAA Championship qualifier, Trotman looks to be the first wrestler in Appalachian history to qualify for the national event in four seasons. The 184-pounder is a two-time all-conference selection and was named SoCon Wrestler of the Year in 2010. Trotman stands 23 wins away from the ASU career-wins record and could surpass that mark this season.

Appalachian begins its 2011-12 campaign on Sunday at the Hokie Open in Salem, Va. The Mountaineers host their only home competition of the fall on Sunday, Nov. 13 as they host Anderson and Belmont Abbey at 1 p.m. and 3 p.m., respectively, in Varsity Gym.

Field Hockey Falls to No. 6 Stanford

Written by Staff Reports Friday, 04 November 2011 07:00

Kyle Blevins (165 pounds):

The Open Mat, 13th
WIN Magazine, 13th
WrestlingReport.com, 13th
Amateur Wrestling News, 15th
InterMat Wrestling, 15th
D1 College Wrestling, 16th

Austin Trotman (184 pounds):

WrestlingReport.com, 13th InterMat Wrestling, 14th WIN Magazine, 14th The Open Mat, 15th Amateur Wrestling News, 16th D1 College Wrestling, 19th