

UNCG Men, Women Win 2011 SoCon Titles

Written by SoCon Sports Information
Saturday, 29 October 2011 15:08

The UNCG men and women won the team titles in the 2011 Southern Conference Cross Country Championship at the Trophy Lakes course in Charleston, S.C. on Saturday. UNCG's Paul Chelimo led from the start of the race as he claimed the individual men's title on the 8K course, finishing in a time of 23:11.56. Chelimo was 19 seconds ahead of second-place finisher Davidson's Ryan Hopkins. UNCG's Joey Thompson and Paul Katam finished third and fourth, respectively, while Chattanooga's Chris Berry rounds out the top five finishers on the men's side.

The Spartans men finished with 26 points. The Davidson men finished in second place with 73 points. This is the first time in six seasons that Appalachian State did not win the men's team title.

The Spartan women finished with 35 points, followed by Furman with 80 points overall. UNCG's Ashley Schnell defended her title as she won the individual women's title on the 5K course, finishing in a time of 16:33.10, which set the new course record at Trophy Lakes by 20 seconds.

UNCG's Linh Nguyen won the Coach of the Year honor. Chelimo won the men's Runner of the Year honor, and the men's Freshman of the Year award went to UNCG's Paul Katam following his fourth place finish.

UNCG's Ashley Schnell was awarded the SoCon Women's Runner of the Year, while Davidson's Sarah Paddon was honored as the women's Freshman of the Year.

Team Scores – Men

| | |
|-----------------------------|-----------|
| 1. UNCG | 26 |
| 2. Davidson | 73 |
| 3. Furman | 82 |
| 4. Appalachian State | 91 |
| 5. Chattanooga | 103 |
| 6. Western Carolina | 166 |
| T6. Elon | 166 |
| 8. College of Charleston | 205 |
| 9. The Citadel | 260 |
| 10. Wofford | 279 |
| 11. Samford | 288 |

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Team Scores – Women

| | |
|-----------------------------|------------|
| 1. UNCG | 35 |
| 2. Furman | 80 |
| 3. Elon | 111 |
| 4. Appalachian State | 117 |
| 5. College of Charleston | 141 |
| 6. Western Carolina | 143 |
| 7. Samford | 145 |
| 8. Davidson | 178 |
| 9. Wofford | 242 |
| 10. Georgia Southern | 244 |
| 11. Chattanooga | 295 |
| 12. The Citadel | 329 |

All-SoCon First Team – Men

1. Paul Chelimo—UNCG
2. Ryan Hopkins—Davidson
3. Joey Thompson—UNCG
4. Paul Katam—UNCG
5. Chris Berry—Chattanooga
6. Lucas Cotter—Chattanooga
7. Abraham Kemboi—UNCG

All-SoCon First Team – Women

1. Ashley Schnell—UNCG
2. Lauren D'Alessio—Samford
3. Dena O'Brien—College of Charleston
4. Erin Barker—Furman
5. Chelsea Sumney—UNCG
6. Kerry Harman—UNCG
7. Shaina Sumney—UNCG

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All-SoCon Second Team – Men

8. □ Alex Taylor—Appalachian State

9. Will Raby—Appalachian State

10. Luis Vargas—Elon

11. Mike Koech—UNCG

12. Tripp Hurt—Furman

13. Chris Caldwell—Furman

14. Mark Cole--Chattanooga

All-SoCon Second Team – Women

8. Brooke Mosteller—Furman

9. Allyson Oram—Elon

10. Mara Smith—Western Carolina

11. Amanda Hamilton—Appalachian State

12. Sarah Paddon—Davidson

13. Hannah Orders—Appalachian State

14. Morgan Denecke—Elon

T14. Sinead Haughey—Furman

All-SoCon Freshman Team – Men

4. Paul Katam—UNCG

10. Luis Vargas—Elon

12. Tripp Hurt—Furman

25. Sean Magee—Elon

31. Travis Alfaro—Western Carolina

37. Whitner Chase—Davidson

40. Henry Falotico--Davidson

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All-SoCon Freshman Team – Women

- 12. Sarah Paddon—Davidson
- T14. Sinead Haughey—Furman
- 21. Haylee Dawe—Elon
- 22. Rebecca Greenwall-Georgia Southern
- 24. Hayley McMahon—College of Charleston
- 27. Erin Osment—Davidson
- 29. Alissa Williams—Wofford

Coach of the Year – Men

Linh Nguyen —UNCG

Coach of the Year – Women

Linh Nguyen —UNCG

Runner of the Year – Men

Paul Chelimo--UNCG

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Runner of the Year – Women

Ashley Schnell – UNCG

Freshman of the Year – Men

Luis Vargas—Elon

Freshman of the Year – Women

Sarah Paddon—Davidson