

Seeds Named SoCon 'Student-Athlete of the Week'

Written by Staff Reports

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Appalachian State senior outside hitter Maggie Seeds (Clemmons, N.C./West Forsyth) has been named as the SoCon 'Student-Athlete of the Week' after helping the Mountaineer volleyball team to a perfect 3-0 record last week. The Clemmons, N.C., native hit a blistering .404 in wins over Furman, Western Carolina and Wofford as the Apps improved to 15-7 overall and 7-1 in SoCon play to stay atop the conference standings.

She averaged 2.78 kills per set and had a match-high 11 kills in Saturday's victory over the Paladins. In addition to her kill totals, Seeds finished the week with seven block assists to give her 236 for her career, just two behind Amy Lewis for ninth all-time in ASU history.

A key cog in Appalachian's current five-match winning streak, Seeds has also been impressive in the classroom where she boasts a 3.97 GPA as a physics major.

Seeds earned Academic all-SoCon accolades last season and becomes the first Mountaineer to win the 'Student-Athlete of the Week' award this year.

Appalachian State returns to action on Friday at College of Charleston before heading to The Citadel on Saturday.