

## Hamilton Leads Mountaineers at Paul Short Run

Written by Staff Reports  
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Appalachian State University women's cross country made a strong overall showing at the 38th annual Brooks-Paul Short Run on Friday.

The Mountaineers competed against 45 teams on Lehigh's Goodman Campus Course and finished 34th overall in the 6k race.

The meet featured seven of the top-25 teams in the country, including four teams in the top-10, No. 1 Georgetown, No. 3 Providence, No. 5 Villanova and No. 9 Duke.

Junior Amanda Hamilton led the way for the Mountaineers for the second-straight week with a time of 22:33 and placed 126th out of the 396 runners. Senior Hannah Orders crossed the finish line with a time of 22:55, while sophomore Allison Cook and junior Sarah Williamson finished together clocking in at 23:07 and 23:09 respectively. Redshirt-freshman Justine Stocks ran a time of 23:20, followed by fellow redshirt-freshman Kayla Schneider (23:30). Junior Kaitlyn Cagle rounded out the squad clocking in at 23:45.

The 3rd-ranked Providence College claimed the title with a score of 101 points, which was three points better than the second-place team, BIG EAST rival and defending national champions, Villanova (104).

The Mountaineers will take this coming week off in preparation for the Blue Ridge Open on October 14 at State Farm Field in Boone.

## Mountaineers Finish 36th Against Top Competition

Appalachian State University men's cross country made a strong overall showing at the 38th annual Brooks-Paul Short Run on Friday.

The Mountaineers competed against 45 teams on Lehigh's Goodman Campus Course and finished 36th overall in the 8k race.

The meet featured eight of the Top 25 teams, including No. 4 Oklahoma, No. 5 Iona, No. 12 Princeton, No. 15 Syracuse, No. 17 Providence, No. 18 Villanova, No. 19 Virginia and No. 22 Georgetown.

Senior Nick Kelly led the way for the Mountaineers with a time of 26:03 and placed 174th out of the 402 runners. Junior Alex Taylor crossed the finish line a second behind Kelly to take

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175th-place.

Junior Michael Lilley finished with a time of 26:19, while redshirt-sophomore James Howard-Smith and freshman Chris Garrett finished with the time of 26:35 and 26:36 respectively to round out Appalachian's top five performers.

Junior Charles Wofford crossed the finish line with a time of 26:42, while senior Chris Moen finished with the time 26:52.

Fourth-ranked Oklahoma took the title with four runners finishing in the top-10 overall for a total of 34 points, and followed by No. 22 Georgetown with 143 points.

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