

Shields named Conference Carolinas Runner of the Week

Written by Staff Reports

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Lees-McRae College freshman Emily Shields (Salisbury, N.C.) has been named the Conference Carolinas women's cross country Runner of the Week for the first time in her career, announced league officials Wednesday.

Shields posted another strong showing on Saturday at the Greensboro Invitational, finishing 3rd out of 101 runners overall and second among NCAA Division II runners with a time of 20:22. The third-place showing for the Salisbury, N.C. native was her second straight top-five finish, as the Bobcats placed third overall (out of 13) and second among D-II squads in the team standings.

Lees-McRae returns to the trials on Friday when the Bobcats travel to Charlotte, N.C. to take part in the Charlotte Cross Country Invitational at McAlpine Park.

Simpkins named Conference Carolinas Runner of the Week

Lees-McRae College senior Craig Simpkins (Boiling Springs, S.C.) has been named the Conference Carolinas men's cross country Runner of the Week for the third time in his career, announced league officials Wednesday.

Simpkins paced the Bobcats to an impressive performance at the Greensboro Invitational on Saturday, finishing fourth overall and second among NCAA Division II runners with a time of 27:35. The senior led a trio of Bobcats in the top six, as Lees-McRae finished second in the team standings behind NCAA Division I Virginia Commonwealth University.

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