

## **Clemson Downs Women's Soccer in Soggy Marathon**

Written by Staff Reports

Saturday, 03 September 2011 10:03

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After two weather delays totaling nearly three hours, Appalachian State women's soccer yielded to Clemson, 1-0, at a soggy ASU Soccer Stadium on Friday night. With the win, Clemson remains perfect at 4-0-0, while the Black and Gold stand at 1-3-0 on the year.

In the first half, Taylor Dunlap (Fenton, Mich./Fenton) had the Apps best opportunity but her shot was saved by an acrobatic Lauren Arnold in goal for the Tigers. By the midpoint of the period, formerly clear skies had darkened and lightning silhouetted the surrounding peaks around Boone. With 15:38 remaining, the approaching storm was deemed too close and play was suspended for over two hours. With the players and field equally refreshed, the teams took to the field, and Clemson's pace soon controlled the action. Several Tigers and Mountaineers engaged in the ball and each other near the ASU goal, and in the end, Liska Dobberstein was able to put the ball in the net for her third goal of the year. Her shot came off a short pass from Heather Marik. In the second half, the Mountaineers maintained pressure, but both teams struggled to get the ball out of midfield. Nearly twenty minutes into the period, Mother Nature again forced a timeout on the field, this time for little more than 30 minutes. The Apps continued the fight through the waning minutes, but the efforts of Arnold in goal and her defensive compatriots stifled the Mountaineers' offensive opportunities. In the end, the Tigers' 1-0 lead stood, and Clemson walked away with the win four hours and 42 minutes after the game had started. Amy Kolowsky (Columbia, S.C./Spring Valley) made six saves in goal for ASU, as Clemson held a seven to two advantage in shots on goal. Appalachian wraps up the weekend on the road with a visit to Farmville, Va. to face off against Longwood on Sunday at 2 p.m.

## **Volleyball Stumbles on First Day in Kansas**

Appalachian State University volleyball battled tough competition and untimely injuries on Friday to finish the day 0-2 at the Kansas Jayhawk Invitational. The Mountaineers (3-3) fell 3-1 against South Dakota State and were swept by undefeated Kansas.

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### Match 1

Meghann Forshey led the Mountaineers with 15 kills and a .323 hitting percentage to accompany a block and a dig. Maggie Seeds added 13 kills, six of ASU's 12 blocks and five digs in the effort.

The Apps took the first set by a slim 25-22 margin before injuries ended Jessica Eley and Kelly Rhein's days. SDSU (4-1) then won the next three sets by slim margins to take the match at 25-23, 25-20 and 25-23.

ASU won several statistical categories in the match, including hitting percentage (.195-.139), blocks (12-8), kills (55-45) and digs (71-63). SDSU converted 11 aces with just three service errors, compared to Appalachian's four aces and 10 errors in the match.

Anna Wagner tallied a double-double with 16 digs and 10 kills to pair up with her five blocks. In the first significant action of her career, redshirt freshman Lindsey Sauls also posted a double-double with 11 kills and 10 digs.

### Match 2

In the nightcap, the Jayhawks (5-0) raced out to an 8-3 lead in the first set and fended off a late ASU rally to take a 25-18 win. The momentum and 1,000-fan crowd carried KU to an 11-3 spurt in the second set that broke up a close score and gave the home team a 25-14 win and 2-0 lead in the match.

The third set was a different story, as the Apps forced 11 ties and four lead changes in the

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finale. ASU led as late as 17-16 on a Forshey kill, and rallied to tie at 19-19 behind freshman Lauren Gray's solid serving, before finally succumbing to the Jayhawks.

Forshey ranked second on the team with nine kills, while Gray was active on three of ASU's six blocks in the match.

Wagner again posted double-figure kills, securing 10 of ASU's 31 successful attacks on the night. The senior added eight digs, two blocks and an assist in the match.

Seeds and L. Sauls each tallied four kills in the match to tie for third on the team. However, both players were held to negative hitting percentages by KU's large front line.

Courtney Rhein dug 14 balls on the night while Lauren Brown notched 12 of ASU's 28 assists in the match.

ASU hit .105 on the night, compared to .317 for Kansas. The Apps blocked six attempts, compared to five for KU.

Appalachian closes out the tournament on Saturday against Belmont at 11:30 a.m. Both Eley and K. Rhein are questionable for the match following Friday morning's injuries.

## **Women's Cross Country Start Season Strong**

Appalachian State women's cross country opened its season Friday night with a strong fourth place performance at the Covered Bridge Open in Boone.

The Mountaineers were led by junior Sarah Williamson, who finished 14th overall with a time of 19:16.1. Junior Amanda Hamilton and sophomore Kaitlyn Cagle rounded out ASU's top three placing 17th and 22nd respectively.

North Florida captured the meet title with 37 points, followed by Wake Forest with 74 points and Florida State "B" team with 89 points. Wake Forest's Nicole Irving finished first overall with a time of 18:23.80.

The Apps have next weekend off and return to action Friday, September 16 for the Mountaineer Open in Boone.

### Men's Cross Country Performs Well in Season-Opener

Appalachian State men's cross country started its 2011 campaign Friday night with a strong fourth-place performance at the Covered Bridge Open in Boone.

The Mountaineers were led by junior Alex Taylor, who placed fifth overall with a time of 25:50.70. Junior Will Raby crossed the finish line with a time of 26:10.60 to finish 13th overall. Junior Michael Lilley and sophomore Charles Wofford rounded out the meets top-25 placing 24th and 25th respectively.

Division II Southern Indiana grabbed the meet title with 42 points, followed by Florida State with 59 points and High Point 85 points to round out the top-three teams. The Seminoles' Seth Proctor led the meet with a time of 25:29.10.

Earlier this week, the Apps were tabbed 12th in the Southeast Region preseason poll by the U.S. Track & Field and Cross Country Coaches Association (USTFCCA).

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