

Fremin Joins ASU Softball Coaching Staff

Written by ASU Sports Information
Thursday, 11 August 2011 13:16

Coaching veteran Shaunte' Fremin has joined Appalachian State University softball's staff as the program's hitting coach, head coach Shae Wesley announced on Thursday.

Fremin, a Belle Chasse, La. native, brings nine years of coaching experience to Appalachian. Most recently, she served as a volunteer assistant at Belhaven University last season, a position that she also held from 2005-06.

Prior to her first stint at Belhaven, she was the head coach at George Washington University from 2003-04. She arrived at GWU after three successful seasons as an assistant coach at Georgia, where she helped lead the Bulldogs to their first-ever Southeastern Conference (SEC) championship in 2003. During the '03 SEC championship campaign, Fremin coached a hitting corps that finished eighth nationally with a .311 team batting average and was part of a staff that was named the 2003 NFCA Southeast Region Coaching Staff of the Year.

Fremin started her coaching career at her alma mater, Louisiana State University, as a graduate assistant, in 2000. As a four-year starter at LSU from 1997-2000, she earned all-SEC honors as a senior, all-SEC Tournament recognition as a junior and was named to the NCAA Regional all-tournament team both years. She helped lead the Tigers to SEC championships in 1999 and 2000 and SEC West Division titles all four years.

Fremin graduated from LSU in 2000 with a bachelor's degree in kinesiology.