

Football Fall Camp Report: Aug. 8

Written by ASU Sports Information
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In its final practice before strapping on full pads for the first time this fall, Appalachian State University football worked out for two hours and 15 minutes in helmets and shoulder pads on Monday afternoon at Kidd Brewer Stadium.

The practice was set up much like Sunday's with extensive special-teams work followed by offensive and defensive drills. Once again, the day concluded with a 20-minute 11-on-11 session.

Highlights from the day included:

- a very spirited period of 1-on-1 work pitting offensive linemen versus defensive linemen. The drill was simple — the offensive lineman's goal was to keep the defensive lineman from getting to a student manager that was playing the role of quarterback. Overall, the battles were very even with neither side holding a huge advantage over the span of the 10-minute drill. Nose tackle Dan Wylie, outside linebacker/defensive end John Rizor and true freshman Stephen Burns all enjoyed a solid period on the defensive side of the ball while two-year starter Orry Frye and youngsters Dylan Bostick, Jesse Chapman and Tucker Lee were among the standouts on offense;
- strong play by the defensive front seven in 11-on-11 drills. Lanston Tanyi and William Corbin set the tone by recording a tackle for loss and sack, respectively, on the first and second plays of the period. Wylie and Rizor also created quite a bit of havoc in the backfield throughout the period, continuing what has been a very strong camp so far for the duo. Demetrius McCray turned in a fine play on a corner blitz to pick up a sack as well;
- offensively, senior running back Cedric Baker Boney was the top performer during 11-on-11 work. Baker Boney made several nice runs as ASU continued its early trend of picking up good yardage between the tackles;

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- perhaps the play that drew the most praise from the offensive coaching staff during the 11-on-11 period came when linemen Ian Barnard and Kendall Lamm and running back Terrence McLean got out in front of ball-carrier Michael Frazier and each executed textbook blocks to pave the way for a nice gain.

On the injury front, walk-on freshman wide receiver Mo Gore had surgery on Sunday evening at Watauga Medical Center to repair a leg injury sustained during Sunday's practice. The procedure was successful but Gore will miss the entire season. A pair of offensive linemen, senior Sherman Holt and freshman Ron Henderson, injured hands over the weekend. Holt is expected to return to action in one week while Henderson will likely miss 2-3 weeks.

Appalachian practices in full pads on Tuesday and holds its first two-a-day session of the year on Wednesday at Kidd Brewer Stadium. All workouts are closed to the general public but full practice reports will be available throughout fall camp at GoASU.com.