

## High County Football Clinic

Written by Staff Reports  
Friday, 22 April 2011 11:59

---

5th Annual High Country Football Clinic  
April 29 - April 30, 2011  
Broyhill Inn and Conference Center / Boone, NC  
Presented By: Medallion Athletic Products Inc.

\$55 if pre-registered, \$60 at the door (staff rate \$50), \$30 Fri or Sat only.  
Friday will feature eighteen speakers, ten on Saturday. Registration includes dinner and social on Friday with vendors/wives and breakfast on Saturday. Also, featured on Saturday will be sessions for youth and middle school coaches by USA FOOTBALL. Go to: [broyhillinn.com/events/clinic/](http://broyhillinn.com/events/clinic/) for speaker updates. Also, all football coaches in Watauga County (high school, middle school, youth coaches) are admitted free.

### CONTACT INFORMATION

Tim Pruitt: (336) 262-4708, [highcountryfootball@gmail.com](mailto:highcountryfootball@gmail.com)

Stephen Poulos: (828) 719-8245, [sdetpoulos@charter.net](mailto:sdetpoulos@charter.net)

Forms for Attendance (CEU'S) will be given. A van will be available for annual wives trip to the Mast General Store in Valle Crucis on Friday afternoon (3PM/no charge)!

### FRIDAY SPEAKER SCHEDULE (3 SPEAKERS EACH SESSION):

HS Offensive Sessions, 12:00 pm- Jimmy Upchurch, West Stokes; Simplifying Your Offensive

## High County Football Clinic

Written by Staff Reports  
Friday, 22 April 2011 11:59

---

Scheme By Using A Blocking Back. 1:10 pm-BJ Laughter, Hendersonville; Mixing the I and the Shotgun. 2:20 pm-Todd Shuping; Triple and Midline Option. 3:45pm-Matt Beam, Burns; The Burns Passing Game, 300 and 500 Series'. 4:55pm-Paul Hoggard, Richmond Senior; Offensive Line Fundamentals. 6:05pm-Mike Newsome, Butler; Recruiting - Getting Your Players to the Next Level.

HS Defensive Sessions, 12:00 pm-Butch Carter, South Caldwell; Weekly Practice Organization With Tackling and Turnover Circuits. 1:10 pm-Monte Simmons, Hibriten (DC); 3-5 Defense Versus the Spread Offense. 2:20pm-Rick Larrick, West Forsyth (DC); 50 Defense - The Titan Way. 3:45 pm-Shane Handy, Randleman; Techniques and Fundamentals of the 3-5-3 Stack. 4:55 pm-Jeremy Funderburk, Wilkes Central; Flexible 4-4/Building A Package That Fits Changing Personnel. 6:05pm-Scott Young, West Rowan; Inside Linebacker Play in the Shade 50.

General Sessions, 12:00 pm- Jimmy Lamour, Lamour Training Systems; Developing Speed and Conditioning in the Off-Season. 1:10 pm-John Holt, Appalachian State; Mountaineer Special Teams. 2:20pm-Doug Illing, Davie County; DC Football Getting the Most Out of Your Players on Offense and Defense. 3:45pm-Jack Teachey, Wofford College; Defensive Line Teaching Progression For Run and Applying Fundamentals. 4:45pm- Tom Nelson, Fike; How To Turn A Program Around. 5:55pm-Joe Salas, South Johnston; A Few Tips To Improve Your Defense.

### SPECIAL FEATURES:

- Coaches Outreach Devotional, Friday at 9AM
- Meet the Vendors, Friday from 10AM-11:30AM
- Dinner Sponsored by Gameday Marketing @ 6:45 PM for family members.

Saturday begins with the FCA Breakfast at 7:30 AM, Fred Goldsmith, Lenoir-Rhyne College will be our Feature Speaker. Program will begin at 8:00 AM.

College Sessions, Saturday. 9:30 - Steed Lobotzke, Wake Forest; Shotgun Option Runs / Charlie Harbison, Clemson; Clemson Secondary Play. 10:40 - Mark Speir, Appalachian State; ASU Front 7 Play vs Two-Back Run Game / Duane Price, East Carolina; Outside Linebacker Play in the 3-4. 11:50 - Mike Kent, Appalachian State; ASU Strength Training / Steve Russ, Wake Forest; Linebacker Techniques.

Youth Sessions, Saturday. ALL YOUTH SESSIONS WILL FEATURE RICK PEACOCK OF USA FOOTBALL.

9:30 - Concussion Awareness and Proper Tackling Technique, 10:40 - Youth Running Game Concepts, 11:50 - Youth Passing Game Concepts. These sessions are directed to youth/middle school coaches.