

## H1N1 Case Confirmed in Ashe County

Written by Adam Hicks  
Thursday, 27 August 2009 09:23

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The Appalachian District Health Department confirmed reports today that a school-aged child in Ashe County has contracted the H1N1 virus.

According to Jennifer Greene of ADHD the health department is following public guidelines and only testing those who are hospitalized, but healthcare providers may choose to use a private laboratory for testing.

The confirmed case of the H1N1 virus was validated through a private lab. Health department officials are also waiting for results of another H1N1 flu test that has been sent to the state lab in Raleigh.

Health Director Danny Staley said, "Now is the time to remember to make prevention apart of your family's daily habits. We are continuing to stay abreast of current information about local, state, and national flu trends. We want the public to know that now is not the time to panic, but to take time to discuss prevention and alternative family routines if someone in the family does get sick."

Residents have been asked to practice preventative health measures like frequent hand-washing, covering coughs and sneezes, staying away from others who are sick, and staying at home if you are sick.

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A vaccine is expected to be available in the fall. Greene said the health department will also pass along more information about vaccines in the coming weeks.