

## Free Health Screening

Written by

Sunday, 02 September 2007 20:00

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The Watauga County Project on Aging and the Watauga Medical Center is offering another free health screening clinic to Watauga seniors. The screenings will consist of a comprehensive metabolic panel, hemoglobin, hematocrit (*Just like it is spelled, Hee Mat O Krit*), lipid profile, urine analysis, medical history, teaching breast self-examinations and symptoms of prostate cancer, visual acuity, glaucoma, height, weight, blood pressure, and distribution of educational materials. The screening will take place at the Lois E. Harril Senior Center a week from today. Call 828-265-8090 for an appointment.