

Wilkes native finds LA success

Written by

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Wilkes County native Josh Day knows music.

In fact, the music education major graduated Appalachian State University in 1998- and is still performing. His venue, however, has changed from High Country bars to the touring scene. For the past few years, Day has been the drummer for music sensation Sara Bareilles, and last week, you may have caught Day and his band on the Today Show.

The experience was nerve wracking. "It's live and if you drop a stick, then, you know, everybody sees it," he says.

Despite increasing success, Day stays modest- and is proud of his High Country roots. He still has family in Wilkes, and visits every chance he gets.

"I just miss the people, everyone has respect for each other," he says. While talking with WATA on the phone, Day said he could see homeless people with carts outside and people yelling at each other. He misses his friends and family in the High Country- where life is a bit simpler than Los Angeles.

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Want to follow in Day's footsteps? It takes passion, he says.

"I know it seems cliché, but follow your dreams," he says. It's a tough road- musicians do not necessarily make a lot of money, he says- and you need to be passionate about it.

Day's drumming can be heard on Bareilles' newest CD, "Little Voices."