The Watauga High softball team goes 2-2 at the Eastman Invitational in Kingsport, TN.

Kayla Kincaid goes 7-15 with a grand slam and six runs-batted-in. Tori Wright struck out 11 batters in the final game against Beardon, TN on Saturdayt, WHS won 5-2. The Pioneers (4-8 overall) return home to play Freedom on Tuesday night.

McDowell pulled into a first-place tie with the WHS baseball team in the Northwestern 4A Conference as the Titans blasted Alexander Central 12-2 in five innings on Saturday night down in Marion. The Titans, who play WHS on Thursday night in Boone, have won three in a row and they've outscored their opponents 38-8 during that stretch.

The Appalachian State baseball team took two out of three from Furman. Isaac Harrow had four RBI during Saturday's 24-4 blowout of the Paladins. And with that effort, Harrow becomes ASU's all-time RBI leader with 163 in his career. He surpasses Tom Sams (1980-83), who had 160 RBI during his stay with the Mountaineers. ASU beat Furman, 4-1 on Sunday behind Aubrey Edens, who gave up one unearned run in eight innings of work. The Apps travel to Knoxville to play the University of Tennessee on Tuesday night in a game you will hear on WATA beginning at 6:40 pm.

WHS tennis defeated Alexander Central in a pair of games on Saturday by identical 6-0 scores in Taylorsville. The tennis team improves to 9-0 in NW4A play; 13-2 overall. Kevin Ashline, Brian Geldmeier, Preston Stigall, Ryan Schweitzer, and Chris Ludwig all won two matches each. Aaron Evans and Davis Roberts were your other winners. The tennis team travels to A.C. Reynolds on Tuesday.

The WHS track team traveled to Asheville for the Blue Ridge Invitational. The women finished

in fourth place with 65 points. The men finished eighth with 44 points. Kayla Schneider finished second in the 800; Taylor Cook won the pole vault event with an effort of 11 feet; the women's 4x800 relay finished second, Kasey Jones finished second in the 300 hurdles, and the 4x400 relay team finished fourth, but qualified for regionals. On the men's side, Thomas McDonough finished third in the 800; and the men's 4x800 relay team also posted a third-place finish.

ASU track, former Pioneer, Julie Ward tied for sixth in the high jump and finished fourth in the pole vault at a meet in Cullowee, NC. The ASU women posted six first-place finishes, led by Danielle Thorpe, who won both the triple jump and long jump events. The ASU men posted five first-place finishes.

ASU golf, Casey Johnson of the Apps was the overall winner at the University Cup in Morganton. He fired a 6 under 66 to pace the field.

The WHS golf team travels to Orchard Hills Country Club today for an NW4A meet. South Caldwell is the host school. The ASU women will host an intercollegiate tournament in Morganton today