

ASU Football Spring Practice Report

Written by Mike Flynn

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Despite an unusually late winter storm that dumped several inches of snow on the Kidd Brewer Stadium FieldTurf, Appalachian State football didn't miss a beat on Monday thanks to the Sofield Family Indoor Practice Facility. Appalachian State held its third practice of the spring as scheduled, working out for two hours in the comfort of the Sofield Facility. Per NCAA regulations, the Mountaineers practiced in helmets and shoulder pads while conducting non-contact drills.

The story of the day was the return of starting quarterback Jamal Londry-Jackson (Atlanta, Ga./North Atlanta) to the practice field. Londry-Jackson, who is still recovering from a knee injury sustained late last season, was not expected to practice in any capacity this spring. However, the senior was back in a limited role on Monday, throwing several passes during individual and group drills.

Despite his limited return on Monday, Londry-Jackson is still not forecasted to fully participate at any point this spring but he is expected to be at 100 percent when Appalachian opens fall camp in August.

Like the first two practices of the spring, the final three periods of Monday's workout were dedicated to 7-on-7 and full-team drills. The defense continued to impress throughout the afternoon, highlighted by acrobatic interceptions by linebackers Denzel Ward (Elizabeth City, N.C./Northeastern) and John Law (Atlanta, Ga./Grady) on back-to-back plays during the 7-on-7 period.

Speedy sophomore running back Ricky Fergerson (Fuquay-Varina, N.C./Fuquay-Varina) turned in the play of the day offensively when he made an explosive run off left tackle for a long gain during 11-on-11 drills. Another offensive highlight came several plays later when Kalik Barnes (Atlanta, Ga./Parkview) found Bobo Beathard (Haymarket, Va./Battlefield) on a corner route in the end zone for a pretty touchdown pass.

Appalachian State returns to the practice field on Wednesday when it holds its final workout prior to a week-long break for the Easter holiday. Wednesday's practice will also be the first of the spring conducted in full pads.

Photo Courtesy: Scott Satterfield, ASU Athletics