

## ASU Track Has Strong Showing at High Point

Written by Ryan Bowers

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Jared Stalling continued his assault on the Appalachian State University men's track and field record books with another standout performance at the High Point VertKlasse Meeting on

Saturday. Stalling, who finished first in the shot put competition with a toss of 16.54 meters (54-3.25), set a new personal record and took second in the discus with a throw of 52.73 meters (173-0). The performance broke his previous career-best mark of 171-5 and is just six inches shy of tying the all-time school record.

The Apps also got a strong performance out of Raphael Rojas, who set a new personal record and finished second in the 800-meter run (1:51.73). Richard Bell also turned in a solid day, finishing sixth in the discus with a mark of 43.02 meters (141-02) and eighth in the shot put with a throw of 13.75 meters (45-1.5) en route to new personal records in both events.

Patrick Quinn recorded a new personal-best mark in the pole vault (14-6.75) to finish in ninth place while Peter Ovendorf took ninth in the participation section of the 400-meter race with a personal-best time of 51.35 seconds.

In addition to the six personal records set on Saturday, the Mountaineers tallied 23 top-10 finishes, highlighted by the shot put where John Leonard and Nick Sansotta took sixth and ninth, respectively, to give the Apps four top-10 finishers in the event.

Tyler Combs finished fifth in the 400-meter dash (50.60) while Read Caulkins grabbed fourth in the 800-meter run (1:56.88) and Josh Ellis finished eighth (1:57.36). Kenley Joseph (1:01.57) and Peter Ovendorf (1:03.54) took sixth and eighth in the 400-meter hurdles.

Ian Paran turned in a sixth-place performance with a toss of 35.65 meters (116-11) in the javelin while Jacob Stowe and Alex Lomax finished fourth and sixth, respectively, in the pole vault. The team of Rojas, Stanley Broaden, Trey Edgerton and Tyler Combs took sixth in the 4x400-meter relay (3:20.03) and Andrew Vandenberg finished sixth in the 5,000-meter run (16:17.70).

Daryl Saunders and Cole Finch took second and fourth in the high jump. Saunders recorded a leap of 2.11 meters (6-11) and Finch notched a mark of 1.96 meters (6-5). Appalachian also finished with four top-10 finishers in the hammer throw as Stalling took second and Sansotta, Leonard and Richard Bell finished sixth, seventh and ninth, respectively.

On the women's side, Kayla Schneider set a personal record in the 3,000-meter steeplechase. Schneider ran the event in a time of 11:11.16, the fifth-best mark in Appalachian State history, to finish third in the event while Caitlyn Colo took eighth with a time of 12:39.25.

In all, the Mountaineers saw nine performers turn in personal records as the squad posted 30 top-19 finishes on the day.

The Apps were particularly impressive in the discus throw and pole vault competition, placing five athletes in the top-10 in each event. Jasmine Suydam let the discus contingent with a toss of 41.25 meters (135-4) while Ana DeLeon finished fourth with a toss of 38.28 meters (125-7). Jocelyn Parnell, Katherine Lenhart and Brianna Tate finished sixth, eighth and ninth, respectively.

Cassie Crawford paced the Mountaineers in the pole vault with a fourth-place showing after posting a mark of 3.72 meters (12-2.5) while Debra Domermuth, Audrey Diener, Chelsea Farr and Meredith Wilson each notched a vault of 3.42 meters (11-2.5) to finish fifth thru eighth. The performances by Diener and Wilson were personal records for the duo.

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Appalachian also dominated the hammer throw as Parnell, Tate and Suydam finished sixth, eighth and ninth while Suydam took third in the shot put and Tate set a new personal record in the event with a toss of 12.83 (41-1.25).

In other field events, DeAnne Tiplady finished fourth in the javelin where teammates Parnell and Brittany Pierce took seventh and eighth. Pierce's mark of 34.39 meters (112-10) was a new personal best for the senior.

Mary Theresa Montgomery rounded out the field performances with a fifth-place showing in the high jump with a leap of 1.6 meters (5-3).

On the track, Breahna Morrison and Taryn Stern set new personal records in the 100-meter dash and 800-meter run, respectively. Morrison clocked in at 12.57 seconds to take fifth while Stern posted a time of 2:17.20. Shelby Howell took second in the 800-meter run with a time of 2:10.50.

Morrison also finished seventh in the 400-meter dash with a time of 58.29 seconds and Samantha Campanaro took ninth in the 1,500-meter run in the participation section with a time of 4:53.56. Destine' Kirkman took seventh in the 800-meter run in the participation section with a mark of 2:22.47.

The Mountaineers' performance was rounded out by a fifth-place finish in the 4x400-meter relay as the team of Breanna Alston, Howell, Stern and Morrison finished in a time of 3:54.15.

The Mountaineers will host their first home meet of the season next Saturday when they team up with Western Carolina to take on East Carolina and UNC Wilmington in the annual Beaches vs. Mountains meet.

**Photo Courtesy: Jared Stallings, ASU Athletics**