

Healy Named SoCon Defensive Player of Year

Written by Ryan Bower

Tuesday, 05 March 2013 15:13

Appalachian State University men's basketball senior Nathan Healy was named as the Southern Conference Defensive Player of the Year as selected by the league's coaches, it was announced on

Tuesday. In addition to his Defensive Player of the Year accolades, Healy also earned a spot on the coaches' all-SoCon team and was named as a second team all-conference selection by the league's media members.

Healy finished the regular season ranked second in the league in rebounding (7.9 rpg) and first in defensive rebounds (6.0 rpg). He currently ranks second in the league in steals (2.0 spg) and third in blocks (1.4 bpg) while anchoring a front line that ranked second in the league with 3.8 blocked shots per contest.

A standout player on both ends of the floor, Healy led the Mountaineers and ranked ninth in the SoCon in scoring (14.6 ppg) and tallied seven double-doubles during the regular season. He becomes the first Mountaineer to win SoCon Defensive Player of the Year honors in the five years that the award has been granted and is the 50th player in school history to earn all-SoCon accolades.

Earlier this season, Healy became the first men's basketball player in Appalachian State history to be named as an Academic All-American when he earned a second team Academic All-America nod from CoSIDA.

2013 SoCon Coaches Men's Basketball Awards

All-Conference Team

Nathan Healy, Appalachian State

Andrew Lawrence, College of Charleston

Mike Groselle, The Citadel

De'Mon Brooks, Davidson

Jake Cohen, Davidson

Jack Isenbarger, Elon

Lucas Troutman, Elon

Trevis Simpson, UNCG

Raijon Kelly, Samford

Trey Sumler, Western Carolina

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All-Freshman Team

Matt Van Scyoc, The Citadel
Clide Geffrard Jr., Samford
Tim Williams, Samford
Gee McGhee, Chattanooga
Spencer Collins, Wofford

Player of the Year

Jake Cohen, Sr., F, Davidson

Defensive Player of the Year

Nathan Healy, Sr., F, Appalachian State

Freshman of the Year

Tim Williams, F, Samford

Coach of the Year

Bob McKillop, Davidson

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2013 Men's SoCon Sports Media Association Awards

All-Conference First Team

De'Mon Brooks, Davidson
Jake Cohen, Davidson
Lucas Troutman, Elon
Trevis Simpson, UNCG
Trey Sumler, Western Carolina

All-Conference Second Team

Nathan Healy, Appalachian State

Mike Groselle, The Citadel
Andrew Lawrence, College of Charleston
Raijon Kelly, Samford
Karl Cochran, Wofford

All-Conference Third Team

Nik Cochran, Davidson
Jack Isenbarger, Elon
Eric Ferguson, Georgia Southern
Tim Williams, Samford
Z. Mason, Chattanooga

All-Freshman Team

Matt Van Scyoc, The Citadel
Clide Geffard Jr., Samford
Tim Williams, Samford

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Gee McGhee, Chattanooga
Spencer Collins, Wofford

Malcolm U. Pitt Player of the Year

Jake Cohen, Sr., F, Davidson

Freshman of the Year

Tim Williams, F, Samford

Anton Foy Coach of the Year

Matt Matheny, Elon

Photo Courtesy: Nathan Healy, ASU Athletics