Written by Megan Samassa
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Appalachian State University men's track and field had a strong finish at the Appalachian Pre-Conference Meet at the Holmes Center on Friday.

Stanley Broaden took home the first place finish in the 55m hurdles and the 200m dash, while Nick Kelly placed second in the mile, running a 4:23.14. The Apps claimed two of the top-three places in the 400m dash as Trey Edgerton finished first with a 50.43 and Tyler Combs placed third running a 50.52.
App State clinched the second-place finish in the 800m run as Read Caulkins ran a 1:56.56 and Kenley Joseph took home the first-place finish in the 300m dash with a 39.36.
Freshman Andrew Vandenber, who ran at Watauga High last season, paced the Mountaineers in the 3,000 as he finished first with a 9:23.03.

In field events, senior Jared Stalling finished second in the weight throw, whole Cole Finch placed second in the high jump with a 1.99m jump and Darrow Goff finished third overall.
Alex Lomax and Jacob Stowe claimed the top-two places in the pole vault, while Stalling finished third overall in the shot put.
Appalachian will be back in action on Saturday, Feb. 23 when it travels to Winston-Salem for the Southern Conference Indoor Championships.
The Apps will look to take the trophy home to after falling by half a point to Western Carolina in 2012. The meet is slated to start at 3 p.m.
On the women's side, senior D'Shawrna McLucas led the Mountaineers in the 55m dash as she finished second, crossing the line at a personal-best 7.37 which Tatyana Bryant finished third overall, running a personal-best 7.49.
Kayla Schneider paced the Apps in the mile run as she took home the first-place finish with a 5:15.09 and Samantha Campanaro finished third overall with a 5:23.68.
In the 400m dash Breahna Morrison claimed the second place spot and Shelby Howell clinched the first place spot in the 800m run with a 2:15.34. Taryn Stern and Maria Stickley rounded out the scoring in the 800m run as they finished second and third overall.
Ana DeLeon would lead Appalachian in field events as she finished first in the weight throw, tossing for 16.47m, while Brianna Tate threw for 16.18m to finish second and Jasmine Suydam finished third.
The Mountaineers claimed the top-two spots in the high jump and the pole vault as Mary Theresa Montgomery clinched the first-place finish and Janet Watson finished second overall in the high jump. Cassie Crawford claimed the first place spot with a 3.67m jump and Audrey Diener placed second in the pole vault with a 3.67m jump.
Suydam, Tate and DeLeon earned the top-three places in the shot put as Suydam threw for 13.46m for the first-place finish.
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The Apps will look to take the trophy home to Boone for the second straight year and earn its second championship of the triple crown. The meet is slated to start at 3 p.m.

Photo Courrtesy: Jared Stallings, ASU Athletics