Appalachian State University men's track team was led by sophomore Stanley Broaden as he broke the Liberty Quad meet record in the 60m hurdles that has stood since 2008. Broaden set a meet record as he crossed the line at 8.03 in the 60m

hurdles, earning the first-place finish and a new personal-best. He now ranks fourth all-time for Appalachian in the 60m hurdles after his performance this afternoon. The Wilmington, N.C. native also posted a third-place finish in the 200m dash behind Thomas who earned the second-place overall finish in the event.

Senior Justin Thomas led the Mountaineers in the 60m dash as he posted a 7.02 for the third-place finish, while Marshall McRae placed fourth overall with a 7.13.

Sophomore Raphael Rojas garnered a first-place finish in the 400m as he posted a new IC4A record, crossing the line at 49.78, while Trey Edgerton followed close behind with a fourth-place overall finish.

The Apps earned a fourth-place finish in the 800m run as Read Caulkins ran a 1:59.06, while senior Chris Moen paced the Black and Gold in the 5,000m crossing the line as 14:34.00 for the first-place spot. Senior Michael Lilley garnered a top-three finish in the 5,000m run as he ran a personal-best 14:57.30.

App State claimed four of the top-five places in the 5,000m run as senior Nick Kelly placed first overall with a 8:41.39 run, while Brian Graves followed closely behind with a second-place finish. Will Raby posted a third-place overall finish for Appalachian, as Kyle McFoy would earn a fifth-place finish.

In field events, the Mountaineers claimed the top-two spots in the pole vault as sophomore Jacob Stowe posted a personal-best 4.90m and Alex Lomax posted a 4.70m jump.

Sophomore Henry Bustle clinched the second-place finish in the long jump as he jumped 6.84m and a fifth-place finish in the triple jump, while Adedeji Adeneye finished in fifth with a 6.61m jump and a fourth place finish in the triple jump with a 13.60m jump. Junior Jamal Tiller claimed the first-place finish in the triple jump as he set an IC4A record with a 14.76m jump.

After earning SoCon Athlete of the Month honors, senior Jared Stalling posted a first-place finish in both the shot put and the weight throw. Stalling tossed a 15.39m throw in the shot put and an 18.75m throw in the weight throw, which was good for an IC4A record.

Appalachian State University earned seven first-place finishes at the Liberty Quad meet this afternoon at the Tolsma Indoor Track in Lynchburg, Va.

Junior Breanna Alston led the Mountaineers as she posted a Tolsma Indoor Track record in the 200m dash, crossing the line at 24.67 earning the first-place overall finish, while D'Shawrna McLucas placed fifth overall.

The Apps would see its second first-place finish of the afternoon as Breahna Morrison ran a 58.56 in the 400m dash.

The 4x400m relay team of Taryn Stern, Alston, McLucas and Morrison clinched the first-place finish as they crossed the line at 3:52.00.

In distance, senior Amanda Hamilton paced Appalachian in the 5,000m run as she earned the first place finish with a 17:30.00, while freshman Dana Cox finished second overall.

Junior high jumper Mary Theresa Montgomery picked up a fourth-place finish as she jumped

1.58m, while Cassie Crawford garnered the first-place spot in the pole vault with a 3.75m jump, which was good for a ECAC record. Sophomore Debra Domermuth finished in third overall in the pole vault as she jumped for 3.60m.

In the long jump, sophomore Tatyana Bryant earned another first-place finish for the Black and Gold as she jumped for a personal-best 5.91m, while Alston placed fourth with a 5.69m jump. Freshman Jamie Glenn posted her second first-place finish of the season in the triple jump as she jumped for 11.48m.

Appalachian was led by sophomore Jasmine Suydam in the shot put as she posted a third-place finish with a 13.66m toss, while Brianna Tate finished fourth overall.

The junior duo of Ana DeLeon and Jocelyn Parnell garnered top-five finishes in the weight throw as DeLeon placed second overall and Parnell placed fourth.

The Black and Gold took home three of the top-five positions in the mile as Justine Stocks, Hamilton and Shelby Howell all placed for Appalachian. Stocks paced the Apps for the second-place finish, crossing the line at a personal-best 5:04.08, while senior Sarah Williamson place fourth overall in the 3,000m run for the Mountaineers.

The Apps will return home on Friday, Feb. 15 as they compete in the Appalachian Pre-Conference Meet. The meet is an all day event at the Holmes Convocation Center.