## Stallings Named SoCon Athlete Of Month

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The Southern Conference announced its January athletes of the month for men's and women's basketball, men's and women's indoor track and field, and

wrestling Thursday, highlighting excellence among student-athletes during the month. Among those selected was Appalachian State senior Jered Stalling, who won the shot put with a throw of 52'8" at the Mountaineer Open on Jan. 21 and placed second in the weight throw with a throw of 59', the first of which was the top mark in the conference at the time. Stalling, a Greensboro, N.C., native, bettered both marks at the Rod McCravy Memorial at the University of Kentucky on Jan. 28, placing fourth in the weight with a toss of 61'8.25" and ninth in the shot with a throw of 52'10", which is now the top mark in the league.

## **Southern Conference January Athletes of the Month**

Men's Basketball
Trevis Simpson, UNCG
Women's Basketball
Sophia Aleksandravicius, Davidson
Men's Indoor Track and Field
Track Paul Katam, UNCG
Men's Indoor Track and Field
Field Jerod Stallings, Appalachian State
Women's Indoor Track and Field
Track Tayla Carter, Western Carolina
Women's Indoor Track and Field
Field Roshani Glover, College of Charleston
Wrestling
Odie Delaney, The Citadel