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Appalachian State University volleyball dominated Southern Conference rival Western Carolina on Thursday en route to a 3-0 sweep at the Holmes Center.

The Mountaineers (7-20, 3-10 SoCon) trailed just three times during the match as it downed the Catamounts (8-20, 4-9) by scores of 25-20, 25-18 and 25-18.

After trailing by a 9-5 score in the first set, App State reeled off eight-straight points to take a 13-5 lead and cruised to a first set victory.

The Apps trailed just once in the second set, 4-3, before dominating the rest of the way to earn a 25-18 second-set win.

In the third set, which was the most competitive of the match, the Apps stormed out to a 17-8 lead, but the Catamounts were able to battle back to pull within four points (22-18) before the Mountaineers closed out the set and the match with a 3-0 run.

Dalton Tolliver led players with 15 kills on the night while Jacqui Spurgeon tallied 11. Courtney Rhein tallied 15 digs to pull within 16 of the all-time record at Appalachian and Lauren Brown notched a team-high 24 assists.

The Catamounts were paced by Jordan Timmerman's 11 kills while Morgan Cochran notched 15 digs. Tina Nazario finished with a match-high 26 assists.

The Mountaineers hit .291 on the attack while holding Western Carolina to a .147 attack percentage. WCU did finish with an 8-3 edge in blocks.

Appalachian State returns to action on Saturday when they travel to Davidson for a 2 p.m. match against the Wildcats.