Lauren Hein, a senior on the UNCG women's soccer team, has been named the Southern Conference Student-Athlete of the Week for October 3, the league office announced today. The Torrance,

Calif. native holds a 3.33 GPA in Communications Studies and has helped the Spartans to a 6-6 record so far this season, including a 3-1 SoCon record. After playing the last ten games on defense, Hein started her first two games of the season at forward last weekend. On Friday, Hein added the assist on the game-winning goal in overtime against College of Charleston. On Sunday, Hein scored two goals in four minutes, her first two goals of the season, to help UNCG earn a 2-1 comeback win against The Citadel. Other nominees included Appalachian State women's soccer's Grace McCall and Georgia Southern football's Garrett Frye.

Southern Conference Student-Athlete of the Week
Sept. 5: Christina Dorismond, Volleyball, Furman
Sept. 12: Nathan Wanuch, Cross Country, Chattanooga
Sept. 19: Carson Smith, Football, The Citadel
Sept. 26: Kate Van Dyke, Volleyball, Georgia Southern
Oct. 3: Lauren Hein, Women's Soccer, UNCG

Sumney, Chelimo Earn Runner of Week Honors

UNCG's Chelsea Sumney has been honored as the Southern Conference Women's Runner of the Week for her performance during the weekend of September 28-29, the league office announced. This is Sumney's second Runner of the Week honor of the season. The junior from Washington, Pa. ran a season's best 5K time of 17:31 at the Louisville Classic. Her time is best in the SoCon by almost 30 seconds and placed her 40th in a meet with multiple nationally ranked teams. Sumney is a Speech Pathology major with a 3.70 GPA. UNCG returns to action

on Friday Oct. 12.
UNCG's Paul Chelimo has been named the Southern Conference men's cross country runner of the week for his performance during the weekend of September 28-29, the league office announced Wednesday. Chelimo, a junior from Chebiemit, Kenya, finished third in the Louisville Classic (8K) against a national-class field. His time of 22:59.37 broke his own personal best and UNCG school record by 12 seconds. It is also the fastest time in the SoCon by over a minute. Chelimo also finished under the previous course record time of 23:08, set in 2007. Chelimo is a Public Health major who carries a 3.80 GPA. Wofford's Ryan Doyle was named honorable mention runner of the week for his performance during the weekend of September 28-29, the league office announced. Doyle, a freshman from Roswell, Ga., ran a 26:18.99 at the UNC Asheville/ACA Combine meet. Doyle led the Terriers with the seventh-fastest time in school history, and finished second overall.

Photo Courtesy: Lauren Hein, SoCon Athletics