

## **ASU Women Finish Second in Charlotte**

Written by Marissa Samassa  
Saturday, 29 September 2012 08:48

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Appalachian State University women's cross country team finished second overall in the 6,000m event, defeating all nine Southern Conference opponents in the 49er Invite. Senior Amanda Hamilton led the Mountaineers for the third time

this season as she crossed the finish line ninth overall and first for the Apps. Junior Justine Stocks picked up a second place finish for the Apps, crossing the line at 22:20.27. Kaitlyn Cagle finished third for the second straight meet for Appalachian, while Sarah Williamson followed close behind coming in fourth for the Mountaineers. Head coach Michael Curcio said, "The women did a great, they went out moderate and conservative just like they wanted to do. They worked very well together and had a great day, especially Hamilton who finished ninth overall.

Clemson took home a first place finish on the afternoon, as App State came in second with 106 points and Richmond finished third with 137 points in the 33 team field. The Apps also captured the title of queen of the mountain in the 17th annual dual with Western Carolina. The Mountaineers have now earned the jug made of piece face pottery by Appalachian State alumni Bill Doxson 15-of-17 times.

Appalachian State will be back in action on Friday, Oct. 13 when they return to High Country for its final home meet of the 2012 campaign. The Blue Ridge Open is scheduled to start at 3p.m.

## **ASU Men Finish Fourth in Charlotte**

Appalachian State men's cross country team finished fourth overall on the afternoon at the 49er Invite and fell second behind Davidson in Southern Conference teams that were in attendance this afternoon. Senior Sean Soderman crossed the line first for the Mountaineers for the second straight meet as he placed 19th Michael Lilley followed Soderman across the line as he finished second for App State with a 25:09.20. overall, running a 25:03.25.

James Howard-Smith placed third, while Mitch McLeod finished fourth for Appalachian, respectively. As a squad Appalachian State's top five all finished under 26 minutes in the 8,000m event. Head coach Michael Curcio stated, "The men struggled today and we were disappointed in the outcome, but we have a lot of positives to work with."

Virginia Tech took home a first place finish with 31 points, while Wake Forest finished with 80 points and SoCon foe Davidson took home a third place finish with 138 points. App State came in fourth with 149 points in the 35 team event. The Apps also captured the title of king of the

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**Photo Courtesy: Sean Soderman, ASU Athletics**