

Allaband Scores Twice, ASU Defeats Radford

Written by Mike Kelly

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A pair of goals from senior Kelly Allaband gave Appalachian State field hockey its first win of the season as they defeated Radford, 3-2, under the Friday night lights; and also earned its first win at Radford, Va in school history. The Highlanders (4-5, 0-1 NorPac) struck first when Courtney Poole scored just under the 10 minute mark. Mountaineers (1-6, 1-0 NorPac) responded quickly, in the 12th minute, when Allaband scored her first goal of the season off a rebounded penalty corner shot by co-captain Hannah Martin.

Sophomore Brooklyn Shearer netted a goal from an assist by freshman Dana Wetmore to give Appalachian a 2-1 at halftime.

The Mountaineers increased their lead when Allaband lifted the ball over the goalkeeper to score her second goal of the game off a penalty corner pass from Casey Lammando during the 41st minute.

The Highlanders closed the gap to 3-2 on penalty stroke goal by Lynsey Daughtrey. Radford put on a last second surge but were stopped by the Mountaineers' stellar defense to earn their first win at Radford. Senior goalkeeper Bridgette Street tied her season-best with 10 saves.

The Mountaineers return to action on Sunday for their home-opener against Robert Morris at Kidd Brewer Stadium at noon.

Cougars Edge Appalachian Women's Soccer in SoCon Opener

Despite an early goal by ASU's Meggie Graham (Marietta, Ga. / Walton), Appalachian State women's soccer dropped its Southern Conference opener to College of Charleston, 2-1, at Patriots Point on Friday evening. With the loss, the Mountaineers drop to 4-5-0 (0-1-0 SoCon), while the Cougars improve to 5-4-0 (1-0-0 SoCon) on the season.

In the opening minutes, ASU jumped out with several early shots. Sydney Hill (Alpharetta, Ga. / Chattahoochee / South Carolina) was the first to pull the trigger, sending the ball off the crossbar in the game's first minute.

Nearing the 12-minute mark, Hannah Coad (Alpharetta, Ga. / Blessed Trinity) fired a shot that CofC keeper Taylor Avery blocked but failed to control. The rebound found Graham who retorted with a shot off the crossbar. With the ball back at Coad's feet, the junior fed Graham who evaded Avery for the first goal of the game and her season.

College of Charleston answered in the 22nd minute. Cougar Sarah Cardamone's shot missed the target, but Sarah Schaidle found the mark to even the score.

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At halftime, ASU led in shots, 8-5, but the score remained deadlocked at 1-1.

The Cougars managed their second goal in the 69th minute, as Appalachian keeper Amy Kolowsky (Columbia, S.C. / Spring Valley) could only partially deflect the bending shot of Hope Atkinson. College of Charleston took a 2-1 lead and fought off ASU's subsequent attacks to secure the win.

Kolowsky finished with three saves, while Graham and Hill were each credited with a team-high four shots.

The Mountaineers' SoCon road trip continues Sunday with a 2 p.m. game at The Citadel.