Written by Mike Kelly Monday, 25 July 2011 15:02

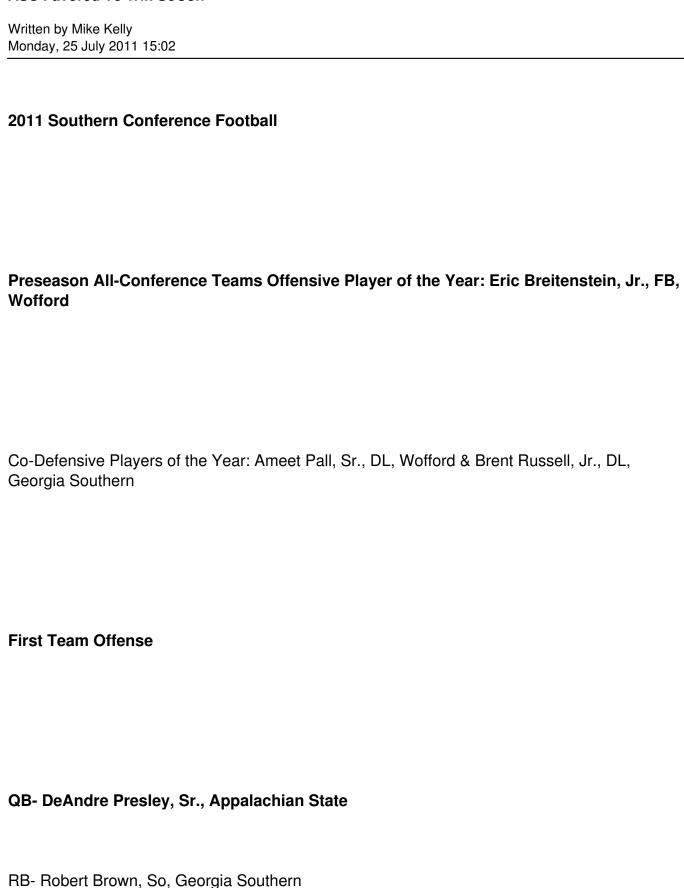
The Southern Conference football coaches have selected Appalachian State as the pre-season favorite to win the Southern Conference title this season.

The Apps have won six consecutive Socon titles (2005-2010), and the Moutaineers have won nine SoCon championships under head coach Jerry Moore since his arrival in 1989. Moore, the all-time winningest coach in ASU and SoCon history is just one win shy of 200 career wins (199-79 during his 28-year career). ASU has equaled Georgia Southern's record of six consecutive titles (1997-2002), and the Mountaineers, who have 11 SoCon championships overall, are one title away from tying Furman for the most championships (12) in league history. The Mountaineers received five first-place votes and 60 points in the coaches poll. Georgia Southern was a close second with three first-place votes and 59 points. Wofford was third and Chattanooga was picked to finish fourth, but the Mocs did receive one first-place vote. Eric Breitenstein of Wofford College was named the Offensive Player of the Year. Breitenstein, a two=time All-State selection who played at Watauga High, set new school records with 1,639 yards and scored 22 touchdowns last fall; defensive end Ameet Pall of Wofford and defensive tackle Brent Russell of Georgia Southern were named the co-Defensive Players of the Year. Quarterback Deandre Presley, offensive lineman Orry Frye and tight end Ben Jordan of ASU were named first-team offense; defensive lineman John Rizor and defensive back Ed Gainey of the Moutaineers were named first-team defense. Travaris Cadet of the Mountaineers was named second team offense at running back and on special teams as a return specialist. Breitenstein of the Terriers was named first team offense at running back. Offensive lineman Matt Ruff and wide receiver Brian Quick of the Mountaineers were named second team offense; linebacker Brandon Grier, Jr., of the Mountaineers was a second-team selection on defense; punter Sam Martin was named second team on speical teams. Georgia Southern led all schools with 14 all-conference selections,; Appalachian State had the second most with 11. The Mountaineers kick-off the season at Virginia Tech Saturday, September 3 at 12:30 pm. Coverage begins at 10:30 am on WATA 1450 AM. Virginia Tech and Florida State have been selected as pre-season favorites to meet in the Atlantic Coast Conference championship game this season by league coaches.

2011 Southern Conference Football Preseason Coaches Poll

1. Appalachian State (5) 60		
2. Georgia Southern (3) 59		
3. Wofford 49		
4. Chattanooga (1) 45		
5. Elon 33		
6. Furman 30		
7. Samford 25		
8. The Citadel 13		
9. Western Carolina 10		

RB- Eric Breitenstein, Jr., Wofford



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OL- Orry Frye, Sr	., Appalachian	State
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OL- Rodney Austin, Sr., Elon

OL- Ryan Lee, Sr., Furman

OL- Brett Moore, Sr., Georgia Southern

OL- Nate Page, Sr., Wofford

TE- Ben Jorden, Sr., Appalachian State

WR- Aaron Mellette, Jr., Elon

WR- Joel Bradford, Sr., Chattanooga

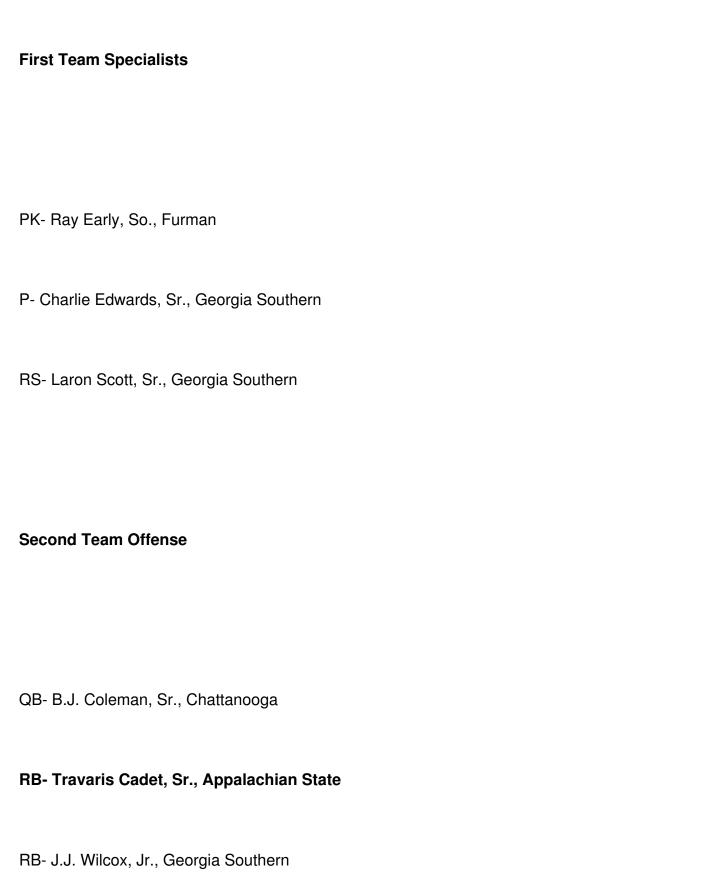
First Team Defense

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DL- John Rizor, Jr., Appalachian State

DL- Brent Russell, Jr., Georgia Southern
DL- Alex Davis, Sr., Samford
DL- Ameet Pall, Sr., Wofford
LB- Kadarron Anderson, Sr., Furman
LB- Josh Rowe, Jr., Georgia Southern
LB- Ryan Consiglio, Sr., Chattanooga
DB- Ed Gainey, Sr., Appalachian State
DB- Ryan Steed, Sr., Furman
DB- Derek Heyden, Sr., Georgia Southern
DB- Laron Scott, Sr., Georgia Southern



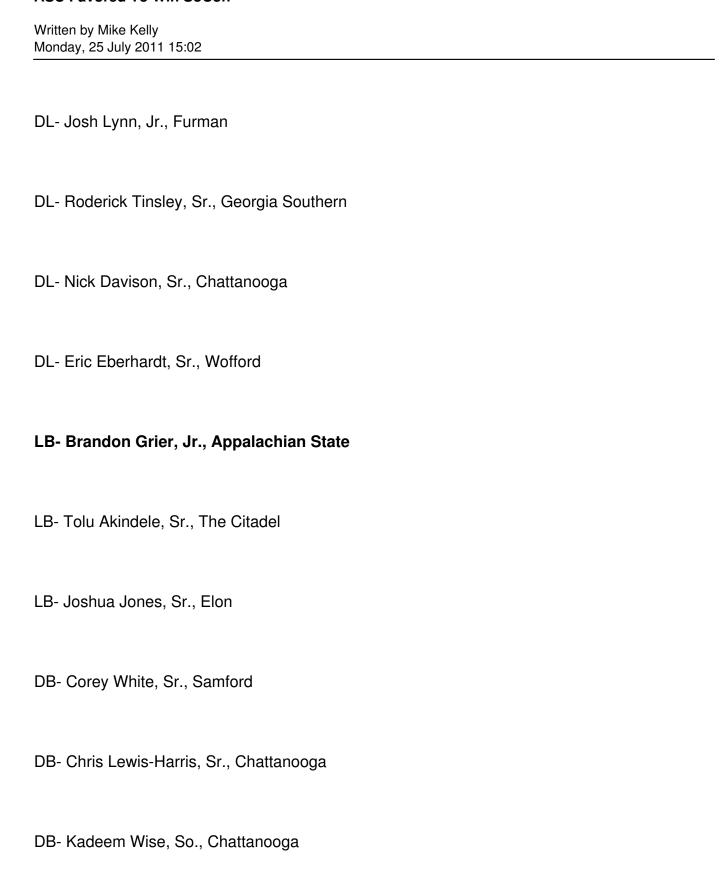


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OL- Matt Ruff, Sr., Appalachian State

OL- Dakota Dozier, So., Furman
OL- Dorian Byrd, So., Georgia Southern
OL- Willie Maxwell, Sr., Georgia Southern
OL- Adam Miller, Jr., Chattanooga
TE- (tie) Colin Anderson, Jr., Furman
TE- (tie) Tyler Sumner, Jr., Georgia Southern
WR- Brian Quick, Sr., Appalachian State
WR- Brenton Bersin, Sr., Wofford
Second Team Defense

DB- Blake Wylie, Jr., Wofford



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Second Team Specialists

PK- Adrian Mora, Sr., Georgia Southern

P- Sam Martin, Jr., Appalachian State

RS- Travaris Cadet, Sr., Appalachian State