

## Kate Griewisch Earns Academic All-America Honors

Written by LRU Sports Information  
Thursday, 23 June 2011 13:54

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Lenoir-Rhyne University's Kate Griewisch has been named to the 2011 Capital One Academic All-America® Second Team for the Women's Track and Field and Cross Country College Division. The Academic All-American Teams are voted on by CoSIDA (College Sports Information Directors of America).

Griewisch, a rising senior from Banner Elk, N.C., is the sixth student-athlete in Lenoir-Rhyne history to earn Academic All-America honors. Griewisch is also the first L-R athlete to garner the accolades since Kathryn Phillips (volleyball) and Whitney Heavner (women's track and field and cross country) in 2006.

Griewisch became the first student-athlete in school history earn All-American honors in two different sports: women's cross country (2009 and 2010) and outdoor track and field (2011). At the 2011 NCAA Division II Outdoor Track and Field National Championships this past May in Turlock, Calif., Griewisch finished sixth out of 18 competitors in the women's 10,000-meter race with a school-record 34:21.

In women's cross country, Griewisch has won the past two Southeast Regional races (2009 and 2010) and finished first in the 2009 South Atlantic Conference Championship meet. A three-time First-Team All-SAC honoree (2008-10) in women's cross country, Griewisch led the Bears to back-to-back league titles in 2008 and 2009.

Griewisch has also been named the USTFCCCA Division II Women's Athlete of the Year for the Southeast Region in women's cross country (2009 and 2010) and indoor and outdoor track and field (2011).

An outstanding student as well, Griewisch carries a 3.81 grade point average while majoring in biology and is the two-time reigning South Atlantic Conference Women's Cross Country Scholar-Athlete Of The Year.

Griewisch also won the 2010-11 President's Award last week. The SAC Presidents Award is the most prestigious honor the conference awards to its student-athletes. The award exemplifies the finest combined qualities of excellence in athletics, academics and community leadership.

To be eligible for Academic All-America® consideration, a student-athlete must be a varsity starter or key reserve, maintain a cumulative G.P.A. of 3.30 on a scale of 4.00, have reached sophomore athletic and academic standings at his/her current institution and be nominated by his/her sports information director.

Since the program's inception in 1952, CoSIDA has bestowed Academic All-America honors on more than 14,000 student-athletes in Divisions I, II, III and NAIA, covering all NCAA championship sports.

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### **2011 Capital One Academic All-America®**

#### **College Division Women's Track & Cross Country Team (as selected by CoSIDA)**

##### **FIRST TEAM**

Morgan Achterhoff, Taylor, Sr., Orange City, Iowa, 4.00, Biology (Pre-Med)  
Erin Beattie, Seton Hill, Sr., Latrobe, Pa., 4.00, Math / Actuary Science  
Whitney Bishoff, Anderson (S.C.), Jr., Winder, Ga., 4.00, Education  
Kristi Buerkle, Bemidji State, Sr., Stacy, Minn., 3.86, Elementary Education  
Simone Childs-Walker, Carleton, Jr., Seattle, Wash., 3.99, Philosophy  
Shannon Gagne, New Haven, Gr., Meriden, Conn., 3.93, Criminal Justice  
Jen Harpp, Slippery Rock, Gr., Highland Heights, Ohio, 3.94, Doctor of Phys. Therapy  
Joanna Johnson, Oberlin, Sr., Chico, Calif., 3.68, Biology / French  
Monica Kinney, Grand Valley State, Sr., Walker, Mich., 3.75, Biomedical Science  
Kristen McGlynn, Adams State, Sr., Bailey, Colo., 4.00, English / Creative Writing  
Katie Navarre, Denison, Sr., Upper Arlington, Ohio, 3.95, English  
Liz Phillips, Washington, Jr., Homer Glen, Ill., 4.00, Biomedical Engineering  
Christina Rhodes, Bridgewater, Sr., Dayton, Va., 4.00, Liberal Studies  
Darcie Schmitz, Fort Hays State, Sr., Baileyville, Kan., 3.84, Art (Graphic Design)  
Jill Ziskovsky, Central (Iowa), Sr., Dallas Center, Iowa, 3.94, Communication Studies & Spanish

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### SECOND TEAM

Siu Nga Ching, Lindenwood, Jr., Kwai Chungi, Hong Kong, 3.86, Exercise Science

Robin England, Rutgers-Camden, Sr., Haddon Township, N.J., 3.98, Economics

Elizabeth Evans, Rose-Hulman, So., Bicknell, Ind., 3.51, Mathematics / Elec. Eng.

Yaneve Fonge, Rochester, Sr., Cheshire, Conn., 3.65, Microbiology / Immunology

**Kate Griewisch, Lenoir-Rhyne, Jr., Banner Elk, N.C., 3.81, Biology**

Portia Jones, Massachusetts Inst. Tech., Jr., Queens, N.Y., 3.52, El. Engineering / Com. Sci.

Holly Ozanich, Wisconsin-Oshkosh, Sr. Green Bay, Wis., 3.61, Biology

Anja Puc, Nebraska-Omaha, Sr., Medvode, Slovenia, 3.71, International Studies

Emily Schudrowit, St. Norbert, Jr., Wauwatosa, Wis., 3.91, Inter. Business, Spanish

Neely Spence, Shippensburg, Jr., Shippensburg, Pa., 3.86, Human Comm. Studies

Kelsey Timm, St. Norbert, Jr., Oconomowoc, Wis., 4.00, Psychology

Sue Trzebiatowski, Wisconsin-Oshkosh, Sr., Rosholt, Wis., 3.88, Biology

Christina Valerio, Johns Hopkins, Sr., West Milford, N.J., 3.66, Molecular & Cell. Biology

Heather Waterman, Franklin, Sr., Shelbyville, Ind., 3.97, Biology & Chemistry (Pre-Vet.)

Kristyn Zeiler, Methodist, Sr., Lutherville, Md., 4.00, Biology

### THIRD TEAM

Funmi Adebayo, Worcester Polytechnic, Sr., Medfield, Mass., 3.90, Biomedical Engineering

Hazel Briner, Massachusetts Inst. Tech., Sr., Arlington, Mass., 3.60, Bio. & Mech. Engineering

Emma Dewart, Ithaca College, Jr., Barker, N.Y. 3.48, Health & Physical Educ.

Jaela Dinsmore, Willamette, Jr., Hines, Ore., 3.99, Latin Am. Studies / Spanish

Keelie Finnel, Coe, Jr., Francis Creek, Wis., 3.50, Education

Karin Fisher, Massachusetts Inst. Tech., Sr., Belvedere, Calif., 3.52, El. Science / Engin.

Physics

Bridget Hines, Minnesota Duluth, Sr., Maple Grove, Minn., 3.96, Exercise & Psychology

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Mary Mahoney, Mount Union, So., Ashtabula, Ohio, 3.95, Environmental Science  
Rose Mascoli, East Stroudsburg, So., Lebanon, Pa., 4.00, Exercise science  
Angie Miller, George Fox, Sr., Alsea, Ore., 3.98, Nursing  
Natasha Miller, Biola, Sr., Abbotsford, B.C., 3.67, Business  
Erin Plews-Ogan, Wooster, So., Charlottesville, Va., 4.00, Anthropology  
Cathryn Rittenberry, Angelo State, Jr., Carthage, Texas, 4.00, Integrated Accounting  
Kelsey Taylor, Connecticut College, Sr., East Hampton, Conn., 3.98, Biochem. (Cell.& Mol. Bio.)  
Kathryn Williams, Whitworth, Sr., Colorado Springs, Col., 3.99, Peace Studies / Spanish

**Capital One Academic All-American of the Year:** Shannon Gagne, New Haven