

## NW3A/4A Track & Tennis All-Conference Teams Announced

Written by Mike Kelly  
Friday, 20 May 2011 08:27

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The Northwestern 3A/4A Conference has released its All-Conference teams in men's tennis and in men's and women's track & field.

The WHS women's track team, which won the conference championship, led the way with 13 selections. Darby Middlebrook was named first-team all-conference in the 1600-, 800- meter runs. She was also named the co-Runner of the Year. Sydney Cook, who will attend Appalachian State University this fall, was named first-team all-conference in the pole vault and the high jump.

Kasey Jones was named first team in the 100-and 300-meter high hurdles. The Pioneers also earned first-team accolades in the 4x800 and 4x400 relays. Other first-team selections were: Julia Roberts in the 400 and Madison Harmon in the 3200

On the men's side, the Pioneers, who captured the conference crown, had ten all-conference selections. And they dominated in the field events. Jordan Pineda, the Field Event Athlete of the Year, was named first team in the shot put and the discus. Jake Pifer was first team in the high jump and Reid Harris was first team in the pole vault.

WHS was also named first team in the 4x400 and 4x100 relays. Other first teamers for the men were: Daniel Osborne in the 3200 and Stephen Schmal in the 200. Randy McDonough of the Pioneers was named men's and women's NW3A/4A Conference Coach of the Year.

THE WHS men's tennis team had four all-conference selections: Steve Lake, Michael Smith, Harrison Battle and Landon Taylor. Lake and Smith were also named co-Players of the Year.

### Women's Final Standings:

Team	Score
1. Watauga	243

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2. Hibriten 126.33
3. Hickory 118
4. Alexander 81.33
5. Fred T. Foard 69.50
6. South Caldwell 43
7. St. Stephens 36

**Conference Champion:** Watauga Pioneers

Watauga Pioneers

### All Conference:

Event: 4x800 Meter Relay

1. Watauga: Kaitlyn Herman; Doria Kosmala; Molly Ruble; Taylor Nelsen
2. Foard: Kaitlyn Rayfield; Jessica Jones; Elizabeth Robinson; Courtney Hull

Event: Shot Put From South: Shelby Brown

From Alexander: India McWhorter

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Event: Discus Throw From Alexander: India McWhorter      From Watauga: Kathryn Smith

Event: Long Jump From Hibriten: Jazmen Genske      From Hibriten: Keisha Corpening

Event: Triple Jump From Hibriten: Keisha Corpening      From South: Shelby Brown

Event: High Jump From Watauga: Sydney Cook      From Watauga: Tara Trivette

Event: Pole Vault From Watauga: Sydney Cook      From Watauga: Laura Gulliver

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Event: 4x200 Meter Relay

1. Foard: Brooke Robinson; Tatianna Watts; Shakea Beatty; Chelsea Turner
2. Watauga: Shelby Abernathy; Julia Roberts; Kenyon Hall; Margaret Anagnos

Event: 110 Hurdles From Watauga: Kasey Jones From Watauga: Laura Gulliver

Event: 100 Meter Dash From Hibriten: Jazmen Genske From Hibriten: Hannah Dula

Event: 1600 Meter Run From Watauga: Darby Middlebrook From Watauga: Hannah Barbour

Event: 400 Meter Dash From Watauga: Julia Roberts From St. Stephens: Becca Seabock

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Event: 300 Hurdles From Watauga: Kasey Jones From St. Stephens: Lauren Madden

Event: 800 Meter Run From Watauga: Darby Middlebrook From Watauga: Hannah Barbour

Event: 200 Meter Dash From Foard: Brooke Robinson From Hibriten: Hannah Dula

Event: 3200 Meter Run From Watauga: Madison Harmon From Foard: Kaitlyn Rayfield

Event: 4x400 Meter Relay

1. Watauga: Julia Roberts; Hailey Middlebrook; Tara Trivette; Margaret Anagnos
2. Foard: Brooke Robinson; Tatianna Watts; Courtney Hull; Chelsea Turner

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Event: 4x100 Meter Relay

1. Hibrten:
2. Watauga: Shelby Abernathy; Kasey Jones; Margaret Anagnos; Kenyon Hall

**Co-Runners of the Year:**

**Darby Middlebrook** Watauga

**Field Event Athlete of the Year:**

**Sydney Cook** Watauga

**Coach of the Year:**

**Randy McDonough** Watauga

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### Men's Final Standings:

Team	Score
<b>1. Watauga</b>	<b>193.83</b>
2. Hibriten	126.33
3. Hickory	118
4. Alexander Central	81.33
5. Fred T. Foard	69.50
6. South Caldwell	43
7. St. Stephens	36

**Conference Champion:** Watauga Pioneers

### All Conference:

Event: 4x800 Meter Relay

- Alexander:
- Fred T. Foard: Chris Shade; Drew Rice; Patrick Swink; James Barnes

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Event: Shot Put From Watauga: Jordan Pineda From Hibriten: Ethan Anderson

Event: Discus Throw From Watauga: Jordan Pineda From Foard: Tanner Flemming

Event: Long Jump From Hibriten: Michael Isbell From Hickory: Steven Davenport

Event: Triple Jump From Hibriten: Michael Isbell From Hickory: Steven Davenport

Event: High Jump From Watauga: Jake Pifer From Alexander: Cobly Warren



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Event: Pole Vault From Watauga: Reid Harris From Hibriten: Tripp Patterson

Event: 4x200 Meter Relay

1. Hibriten:

2. Hickory: Steven Davenport; Jaquavius Johnson; Daniel Frederick; Shaquan Reid

Event: 110 Hurdles From Hickory: Ciani Vega From Watauga: Zach Helms

Event: 100 Meter Dash From Hibriten: Kaylen Pearson From Watauga: Mo Gore

Event: 1600 Meter Run From Alexander: Alex Griggs From South: Landon Minton

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Event: 400 Meter Dash From Hickory: Montavious Sims From Watauga: Stephen Schmal

Event: 300 Hurdles From Hickory: Ciani Vega From Watauga: Zach Helms

Event: 800 Meter Run From Alexander: Jake Warren From Hibriten: Josh McMenemy

Event: 200 Meter Dash From Watauga: Stephen Schmal From Watauga: Mo Gore

Event: 3200 Meter Run From Watauga: Daniel Osborne From Watauga: Josh Anderson

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## Event: 4x400 Meter Relay

1. Watauga: Trey Kavanaugh; Stephen Schmal; Kyle Chambers; Zach Helms
2. Alexander Central:

## Event: 4x100 Meter Relay

1. Watauga: Reid Harris; Mo Gore; Trey Kavanaugh; Kyle Chambers
2. Hibriten:

## Runner of the Year:

Ciani Vega     Hickory

## Field Event Athlete of the Year:

**Jordan Pineda**     Watauga

## Coach of the Year:

**Randy McDonough**     Watauga

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## Men's Tennis

**Conference Champion: Watauga Pioneers**

All Conference:

**Watauga: Steve Lake**   **Hickory: Alex Arditti**  
**Michael Smith**   **Brad Bowman**  
**Harrison Battle**   **Daniel May**  
**Landon Taylor**

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Fred T. Foard: Hunter Drum   South Caldwell: Adam Smith  
Patrick Mangam

St. Stephens: Matt Reitzel   Alexander: Graham Rubner

Hibriten: Paul Hogan

**Co-Players of the Year:**  
**Michael Smith**   Watauga  
**Steve Lake**   Watauga

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Coach of the Year:

Will Rudicil    South Caldwell