

WHS Tracks Wins High Country Invitational

Written by Mike Kelly
Saturday, 23 April 2011 23:01

The Watauga High men's and women's track teams turned in another strong effort on Saturday.

The Pioneers dominated the field and won the first annual High Country Invitational at Jack Groce Stadium. The WHS women won six events and dominated the field with 187 points. Parkland finished a distant second with 116. The WHS men won five events with 157 points. Parkland and Cary finished in a second-place tie with 86 points.

Kasey Jones was a dual winner for the women's team. Jones captured both the 100- and 300-meter hurdles. Jones crossed the finish line in 16.94 seconds in the 100 hurdles; she captured the 300 hurdles in 48.14. Sydney Cook had her best day in the pole vault since going a personal-best 11-foot-9 inches back on March 23 at St. Stephens. The Appalachian State signee cleared the bar at 11-6.

Tara Trivette won the high jump (5-2), Darby Middlebrook won the 1600-meter-run (5:03.1) and WHS won the 4x400 relay (4:10.44). Other notable performances on Saturday included: Kathryn Smith finishing second in the discus (94.00) and third in the shot put; Julia Roberts finishing second in the 800 (2:20.51). Hailey Middlebrook was third (2:24.39) and Darby Middlebrook finished fourth (2:24.46). The 4x200 relay, which finished second; and Shelby Abernathy, who finished third in the 100-meter-dash (13.67).

On the men's side, Jordan Pineda and Jake Pifer were dual winners. Pineda, who will play football at Wake Forest University next fall, won both the shot put (46-7) and the discus (138-08) events. Pifer won the high jump with a personal-best effort of 6-4. He also won the triple jump with an effort of 41-2.25. Pifer also turned in a third-place finish in the long jump (18-10.25). Reid Harris won the pole vault (13 feet).

Daniel Osborne finished second in the 1600 (4:40.46), WHS finished second in the 4x200 relay (1:34.44), the Pioneers finished second and third in the 4x100 relay, Stephen Schmal finished third in the 400 (52.04), Zack Helms finished third in the 110 hurdles (16:07) and the 300 hurdles (42.75), and Brian Brackney finished fourth in the 800.