Written by Mike Kelly
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The Watauga High track teams simply dominated the competition on Wednesday at a tri-meet at Jack Groce Stadium.

The WHS women won 12 events and bested the field with 101 points. Hibriten finished a distant second with 46 points. Kasey Jones, who is finally back to fully strength following a nagging hamstring injury, won two events, the 100-and-300-meter hurdles. Jones won the 100 hurdles in 15.1; she won the 300 hurdles in 51.6.

But Sydney Cook made the biggest splash of the day in the pole vault. She won the event, clearing the bar with an effort of 11-feet, nine inches---a personal-best mark for her. The effort also leaves her just two inches shy of the school and North Carolina state record of 12-1 set by former Pioneer (and Gamecock) Sally Gurganus in 2006.

The WHS men won eight events and bested the field with 83.5 points. Hibriten finished second with 52.5 points. Mo Gore and Jake Pifer were dual winners for the Pioneers.

Gore won both the 100-(11.1)-and 200-(23.4) meter dash; Pifer won the both the triple jump (40-08) and the high jump (6-0). The WHS men and women travel to Spring Valley High School in Columbia, SC for the Taco Bell Invitational this weekend.

WOMEN'S LACROSSE:

The Watauga High women's lacrosse team dropped an 8-7 decision to R.J. Reynolds Wednesday night in Boone. Jessie Nash had three goals in the loss; Danielle Welsh had two. The Pioneers (3-5) travel to Kernersville Glenn Friday night.

BASEBALL:

The WHS baseball team resumes its suspended game with South Caldwell Thursday night at Pioneer Field. Our coverage begins at 5:50 pm on Oldies `100.7 FM. When play resumes, South Caldwell leads WHS 6-3 in the top of the third inning. The Spartans will have runners at first and second with one out and Kevin Jones at the plate with an 0-2 count. The Spartans lead the Pioneers by 1 1/2 games for first place in the Northwestern 3A/4A Conference standings.....There was one game in the NW3A/4A Wednesday night. Hickory defeated Newton-Conover 12-1. Kyle Johnson had a two-run homer for the Red Tornadoes.....There's one other game on the schedule tonight. Fred T. Foard travels to West Lincoln.