

### **A new study suggests heavy multivitamin users are more likely to get advanced prostate cancer.**

The study tracked the diet and health of almost 300,000 men. A third reported taking a daily multivitamin, but only 5 percent were heavy users who took pills more than seven times a week. The study concluded that heavy multivitamin users double their risk of fatal prostate cancer when compared to men who never took the pills. Despite this information, no link was found between the pills and early stage prostate cancer. Researchers speculate that perhaps the pills do not cause tumors, but spur their growth. More rigorous research is needed before anything conclusive is determined.